

PRODUCT MONOGRAPH
INCLUDING PATIENT MEDICATION INFORMATION

PrMINT-TRAMADOL/ACET

Acetaminophen and Tramadol hydrochloride tablets, House Std

37.5 mg tramadol hydrochloride/325 mg acetaminophen

Centrally Acting Analgesic

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PART I: HEALTH PROFESSIONAL INFORMATION

SUMMARY PRODUCT INFORMATION

| Route of Administration | Dosage Form/ Strength | Nonmedicinal Ingredients |
|-------------------------|---|---|
| Oral | 37.5 mg tramadol hydrochloride/325 mg acetaminophen tablets | Hydroxyl propyl methyl cellulose, titanium dioxide, polyethylene glycol, iron oxide yellow, polysorbate 80, Pregelatinized starch, Powdered cellulose, Sodium starch glycolate, Maize starch and Magnesium stearate |

INDICATIONS AND CLINICAL USE

Adults:

MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride) is indicated for the management of moderate to moderately severe pain.

MINT-TRAMADOL/ACET has not been systematically evaluated beyond 12 weeks in controlled clinical trials. Therefore, the physician who elects to use MINT-TRAMADOL/ACET for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient.

Geriatrics (> 65 years of age):

In general dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range reflecting the greater frequency of decreased hepatic renal or cardiac function concomitant disease or other drug therapy.

Healthy elderly subjects aged 65 to 75 years administered tramadol have plasma concentrations and elimination half-lives comparable to those observed in healthy subjects less than 65 years of age. MINT-TRAMADOL/ACET should be administered with greater caution in patients older than 75 years, due to the greater potential for adverse events in this population (see **WARNINGS AND PRECAUTIONS** and **DOSAGE AND ADMINISTRATION**).

Pediatrics (<18 years of age):

The safety and efficacy of MINT-TRAMADOL/ACET has not been studied in the pediatric population. Therefore, use of MINT-TRAMADOL/ACET is not recommended in patients under 18 years of age.

CONTRAINDICATIONS

MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride) tablet is contraindicated in:

- Patients who are hypersensitive to the active substance tramadol and acetaminophen or other opioid analgesics or to any ingredient in the formulation. For complete listing see the **DOSAGE FORMS, COMPOSITION AND PACKAGING** section of the Product Monograph.
- Patients with known or suspected mechanical gastrointestinal obstruction (e.g., bowel obstruction or strictures) or any diseases/conditions that affect bowel transit (e.g., ileus of any type).
- Patients with suspected surgical abdomen (e.g., acute appendicitis or pancreatitis).
- Patients with severe hepatic or renal impairment (creatinine clearance of less than 30ml/min and/or Child-Pugh Class C).
- Patients with mild pain that can be managed with other pain medications.
- Patients with acute or severe bronchial asthma, chronic obstructive airway, or status asthmaticus.
- Patients with acute respiratory depression, elevated carbon dioxide levels in the blood, and cor pulmonale.
- Patients with acute alcoholism, delirium tremens, and convulsive disorders.
- Patients with severe CNS depression, increased cerebrospinal or intracranial pressure, and head injury.
- Patients taking monoamine oxidase inhibitors (MAOIs) (or within 14 days following discontinuation of such therapy).
- Women who are pregnant, nursing or during labour and delivery.
- Any situation where opioids are contraindicated, including acute intoxication with any of the following: alcohol, hypnotics, centrally acting analgesics, opioids or psychotropic drugs. MINT-TRAMADOL/ACET may worsen central nervous system and respiratory depression in these patients.
- Pediatric patients less than 18 years of age who have undergone tonsillectomy and/or adenoidectomy for obstructive sleep apnea syndrome.
- Pediatric patients less than 12 years of age.

WARNINGS AND PRECAUTIONS

SERIOUS WARNINGS AND PRECAUTIONS

Limitations of Use

Because of the risks of addiction, abuse, and misuse with opioids, even at recommended doses, and because of the risks of overdose and death with immediate release opioid formulations, MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride) should only be used in patients for whom alternative treatment options (e.g., non-opioid analgesics) are ineffective, not tolerated, or would

be otherwise inadequate to provide appropriate management of pain (see DOSAGE AND ADMINISTRATION).

Addiction, Abuse, and Misuse

MINT-TRAMADOL/ACET poses risks of opioid addiction, abuse, and misuse, which can lead to overdose and death. Each patient's risk should be assessed prior to prescribing MINT-TRAMADOL/ACET, and all patients should be monitored regularly for the development of these behaviours or conditions (see WARNINGS AND PRECAUTIONS). MINT-TRAMADOL/ACET should be stored securely to avoid theft or misuse.

Life-threatening Respiratory Depression: OVERDOSE

Serious, life-threatening, or fatal respiratory depression may occur with use of MINT-TRAMADOL/ACET. Infants exposed in-utero or through breast milk are at risk of life-threatening respiratory depression upon delivery or when nursed. Patients should be monitored for respiratory depression, especially during initiation of MINT-TRAMADOL/ACET or following a dose increase.

MINT-TRAMADOL/ACET must be swallowed whole. Cutting, breaking, crushing, chewing or dissolving MINT-TRAMADOL/ACET can lead to dangerous adverse events including death (see WARNINGS AND PRECAUTIONS). Further, instruct patients of the hazards related to taking opioids including fatal overdose.

Accidental Exposure

Accidental ingestion of even one dose of MINT-TRAMADOL/ACET, especially by children, can result in a fatal overdose of tramadol and acetaminophen (see DOSAGE AND ADMINISTRATION, Disposal, for instructions on proper disposal).

Neonatal Opioid Withdrawal Syndrome

Prolonged maternal use of MINT-TRAMADOL/ACET during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening (see WARNINGS AND PRECAUTIONS).

Interaction with Alcohol

The co-ingestion of alcohol with MINT-TRAMADOL/ACET should be avoided as it may result in dangerous additive effects, causing serious injury or death (see WARNINGS AND PRECAUTIONS and DRUG INTERACTIONS).

Hepatotoxicity

MINT-TRAMADOL/ACET contains acetaminophen. Acetaminophen has been associated with cases of acute liver failure, at times resulting in liver transplant and death. Most of the cases of liver injury are associated with the use of acetaminophen at doses that exceed the maximum daily limits, and often involve more than one acetaminophen-containing product.

Risks From Concomitant Use With Benzodiazepines or Other CNS Depressants

Concomitant use of opioids with benzodiazepines or other central nervous system (CNS) depressants, including alcohol, may result in profound sedation, respiratory depression, coma, and death (see **WARNINGS AND PRECAUTIONS, Neurologic** and **DRUG INTERACTIONS**).

- Reserve concomitant prescribing of MINT-TRAMADOL/ACET and benzodiazepines or other CNS depressants for use in patients for whom alternative treatment options are inadequate.
- Limit dosages and durations to the minimum required.
- Follow patients for signs and symptoms of respiratory depression and sedation.

General

Patients should be instructed not to give MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride) tablets to anyone other than the patient for whom it was prescribed, as such inappropriate use may have severe medical consequences, including death. MINT-TRAMADOL/ACET should be stored securely to avoid theft or misuse.

MINT-TRAMADOL/ACET should only be prescribed by persons knowledgeable in the administration of potent opioids, in the management of patients receiving potent opioids for the treatment of pain, and in the detection and management of respiratory depression, including the use of opioid antagonists.

Patients should be cautioned not to consume alcohol while taking MINT-TRAMADOL/ACET as it may increase the chance of experiencing serious adverse events, including death.

Hyperalgesia that will not respond to a further dose increase of opioids can occur at particularly high doses. A tramadol and acetaminophen dose reduction or change in opioid may be required.

Seizure Risk

Seizures have been reported in patients receiving tramadol within the recommended dosage range. Spontaneous post-marketing reports indicate that seizure risk is increased with doses of tramadol above the recommended range (see **Neurologic** and **DRUG INTERACTIONS, Drug-Drug Interactions**). Concomitant use of tramadol increases the seizure risk in patients taking:

- serotonergic drugs including selective serotonin reuptake inhibitors (SSRI antidepressants or anorectics) or serotonin-norepinephrine reuptake inhibitors (SNRIs);
- tricyclic antidepressants (TCAs) (e.g., imipramine and amitriptyline) and other tricyclic compounds (e.g. cyclobenzaprine, promethazine, etc.); or
- opioids.

Administration of tramadol may enhance the seizure risk in patients taking:

- monoamine oxidase inhibitors (MAOIs) (see **CONTRAINDICATIONS**);
- neuroleptics; or
- other drugs that reduce the seizure threshold.

Risk of convulsions may also increase in patients with epilepsy, those with a history of seizures or in patients with a recognized risk for seizure (such as head trauma, metabolic disorders, alcohol and drug withdrawal, CNS infections). In tramadol overdose, naloxone administration may increase the risk of seizure (see **OVERDOSAGE, Treatment**).

Anaphylactic Reactions

Serious and rarely fatal anaphylactic reactions have been reported in patients receiving therapy with tramadol. When these rare reactions do occur, it is often following the first dose. Other reported allergic reactions include pruritus, hives, bronchospasm, angioedema, toxic epidermal necrolysis and Stevens-Johnson syndrome. Patients with a history of anaphylactic reactions to codeine and other opioids may be at increased risk and therefore should not receive MINT-TRAMADOL/ACET (see **CONTRAINDICATIONS**).

There have been post-marketing reports of hypersensitivity and anaphylaxis associated with the use of acetaminophen. Clinical signs included swelling of the face, mouth, and throat, respiratory distress, urticaria, rash, pruritus, and vomiting. There were infrequent reports of life-threatening anaphylaxis requiring emergency medical attention. Instruct patients to discontinue MINT-TRAMADOL/ACET immediately and seek medical care if they experience these symptoms. Do not prescribe MINT-TRAMADOL/ACET to patients with an acetaminophen allergy.

Abuse and Misuse

Like all opioids, MINT-TRAMADOL/ACET is a potential drug of abuse and misuse, which can lead to overdose and death. Therefore, MINT-TRAMADOL/ACET should be prescribed and handled with caution.

Patients should be assessed for their clinical risks for opioid abuse or addiction prior to being prescribed opioids. All patients receiving opioids should be routinely monitored for signs of misuse and abuse.

Opioids, such as MINT-TRAMADOL/ACET, should be used with particular care in patients with a history of alcohol and illicit/prescription drug abuse. However, concerns about abuse, addiction, and diversion should not prevent the proper management of pain.

MINT-TRAMADOL/ACET is intended for oral use only. The tablets should be swallowed whole, and not chewed or crushed. Abuse of oral dosage forms can be expected to result in serious adverse events, including death.

A Risk Management strategy to support the safe and effective use of MINT-TRAMADOL/ACET under Schedule F has been established. The following are considered to be the essential components of the Risk Management strategy:

- a) Commitment to not emphasize or highlight the scheduling status of MINT-TRAMADOL/ACET (i.e., Schedule F of the Food and Drug Regulations; not listed under a schedule to the CDSA) in its advertising or promotional activities.
- b) Inclusion of an approved fair balance statement in all MINT-TRAMADOL/ACET advertising and promotional materials.

Dependence/Tolerance

As with other opioids, tolerance and physical dependence may develop upon repeated administration of MINT-TRAMADOL/ACET and there is a potential for development of psychological dependence.

Physical dependence and tolerance reflect the neuroadaptation of the opioid receptors to chronic exposure to an opioid, and are separate and distinct from abuse and addiction. Tolerance, as well as physical dependence, may develop upon repeated administration of opioids, and are not by themselves evidence of an addictive disorder or abuse.

Patients on prolonged therapy should be tapered gradually from the drug if it is no longer required for pain control. Withdrawal symptoms may occur following abrupt discontinuation of therapy or upon administration of an opioid antagonist. Some of the symptoms that may be associated with abrupt withdrawal of an opioid analgesic include body aches, diarrhea, gooseflesh, loss of appetite, nausea, nervousness or restlessness, anxiety, runny nose, sneezing, tremors or shivering, stomach cramps, tachycardia, trouble with sleeping, unusual increase in sweating, palpitations, unexplained fever, weakness and yawning (see **ADVERSE REACTIONS** and **DOSAGE AND ADMINISTRATION, Adjustment or Reduction of Dosage**).

Carcinogenesis, Mutagenesis, Impairment of Fertility

There are no animal or laboratory studies on the combination product (tramadol and acetaminophen) to evaluate carcinogenesis, mutagenesis, or impairment of fertility.

A slight but statistically significant increase in two common murine tumours, pulmonary and hepatic, was observed in a mouse carcinogenicity study, particularly in aged mice. Mice were dosed orally up to 30 mg/kg (90 mg/m² or 0.5 times the maximum daily human tramadol dosage of 185 mg/m²) for approximately two years, although the study was not done with the Maximum Tolerated Dose. This finding is not believed to suggest risk in humans. No such finding occurred in a rat carcinogenicity study (dosing orally up to 30 mg/kg, 180 mg/m², or 1 times the maximum daily human tramadol dosage).

Tramadol was not mutagenic in the following assays: Ames *Salmonella* microsomal activation test, CHO/HPRT mammalian cell assay, mouse lymphoma assay (in the absence of metabolic activation), dominant lethal mutation tests in mice, chromosome aberration test in Chinese hamsters, and bone marrow micronucleus tests in mice and Chinese hamsters. Weakly mutagenic results occurred in the presence of metabolic activation in the mouse lymphoma assay and micronucleus test in rats. Overall, the weight of evidence from these tests indicates that tramadol does not pose a genotoxic risk to humans.

No effects on fertility were observed for tramadol at oral dose levels up to 50 mg/kg (350 mg/m²) in male rats and 75 mg/kg (450 mg/m²) in female rats. These dosages are 1.6 and 2.4 times the maximum daily human tramadol dosage of 185 mg/m².

No drug-related teratogenic effects were observed in the progeny of rats treated orally with tramadol and acetaminophen. The tramadol/acetaminophen combination product was shown to be embryotoxic and fetotoxic in rats at a maternally toxic dose, 50/434 mg/kg tramadol/ acetaminophen (300/2604 mg/m² or 1.6 times the maximum daily human tramadol/ acetaminophen dosage of 185/1591 mg/m²),

but was not teratogenic at this dose level. Embryo and fetal toxicity consisted of decreased fetal weights and increased supernumerary ribs.

Tramadol alone was evaluated in peri- and post-natal studies in rats. Progeny of dams receiving oral (gavage) dose levels of 50 mg/kg (300 mg/m² or 1.6 times the maximum daily human tramadol dosage) or greater had decreased weights, and pup survival was decreased early in lactation at 80 mg/kg (480 mg/m² or 2.6 times the maximum daily human tramadol dosage).

Cardiovascular

Tramadol and acetaminophen administration may result in severe hypotension in patients whose ability to maintain adequate blood pressure is compromised by reduced blood volume, or concurrent administration of drugs such as phenothiazines and other tranquilizers, sedative/hypnotics, tricyclic antidepressants or general anesthetics. These patients should be monitored for signs of hypotension after initiating or titrating the dose of MINT-TRAMADOL/ACET.

The use of MINT-TRAMADOL/ACET in patients with circulatory shock should be avoided as it may cause vasodilation that can further reduce cardiac output and blood pressure.

QTc Interval Prolongation: The effect of tramadol on the QT/QTc interval was evaluated in a dedicated randomized, double-blind, 4-way crossover, placebo- and positive-controlled, multiple dose ECG study in healthy subjects (N=62). The study involved administration of tramadol at a supra-therapeutic dose of 100 mg every 6 h on days 1-3 (400 mg/day), with a single 100 mg dose on day 4, or 150 mg every 6 h (600 mg/day) on days 1-3, with a single 150 mg dose on day 4. The maximum placebo-adjusted mean change from baseline in the QTcF interval was 5.5 ms (90% CI 3.2, 7.8) in the 400 mg/day treatment arm and 6.5 ms (90% CI 4.1, 8.8) in the 600 mg/day mg treatment arm, both occurring at the 8h time point. Both treatment groups were within the 10 ms threshold for QT prolongation (see **ACTION AND CLINICAL PHARMACOLOGY, Cardiac Electrophysiology**). Post-marketing experience with the use of tramadol containing products included rare reports of QT prolongation reported with an overdose (see **ADVERSE REACTIONS, Post-Marketing Reports with Tramadol; DRUG INTERACTIONS, QTc Interval-Prolonging Drugs; OVERDOSAGE**).

Many drugs that cause QTc prolongation are suspected to increase the risk of torsade de pointes. Torsade de pointes is a polymorphic ventricular tachyarrhythmia. Generally, the risk of torsade de pointes increases with the magnitude of QTc prolongation produced by the drug. Torsade de pointes may be asymptomatic or experienced by the patient as dizziness, palpitations, syncope, or seizures. If sustained, torsade de pointes can progress to ventricular fibrillation and sudden cardiac death. Particular care should be exercised when administering MINT-TRAMADOL/ACET to patients who are suspected to be at an increased risk of experiencing torsade de pointes during treatment with a QTc-prolonging drug.

Risk factors for torsade de pointes in the general population include, but are not limited to, the following:

- female gender;
- age 65 years or older;

- baseline prolongation of the QT/QTc interval;
- presence of pathological genetic variants affecting cardiac ion channels or regulatory proteins, especially congenital long QT syndromes;
- family history of sudden cardiac death at <50 years;
- cardiac disease (e.g., myocardial ischemia or infarction, congestive heart failure, left ventricular hypertrophy, cardiomyopathy, conduction system disease);
- history of arrhythmias (especially ventricular arrhythmias, atrial fibrillation, or recent conversion from atrial fibrillation);
- electrolyte disturbances (e.g., hypokalemia, hypomagnesemia, hypocalcemia);
- bradycardia (<50 beats per minute);
- acute neurological events (e.g., intracranial or subarachnoid hemorrhage, stroke, intracranial trauma);
- nutritional deficits (e.g., eating disorders, extreme diets);
- diabetes mellitus;
- autonomic neuropathy.

When drugs that prolong the QTc interval are prescribed, healthcare professionals should counsel their patients concerning the nature and implications of the ECG changes, underlying diseases and disorders that are considered to represent risk factors, demonstrated and predicted drug-drug interactions, symptoms suggestive of arrhythmia, risk management strategies, and other information relevant to the use of the drug.

Use in Drug and Alcohol Addiction

MINT-TRAMADOL/ACET is an opioid with no approved use in the management of addictive disorders. Its proper usage in individuals with drug or alcohol dependence, either active or in remission is for the management of pain requiring opioid analgesia. Patients with a history of addiction to drugs or alcohol may be at higher risk of becoming addicted to MINT-TRAMADOL/ACET unless used under extreme caution and awareness.

Endocrine and Metabolism

Adrenal Insufficiency

Cases of adrenal insufficiency have been reported with opioid use, more often following greater than one month of use. Presentation of adrenal insufficiency may include non-specific symptoms and signs including nausea, vomiting, anorexia, fatigue, weakness, dizziness, and low blood pressure. If adrenal insufficiency is suspected, confirm the diagnosis with diagnostic testing as soon as possible. If adrenal insufficiency is diagnosed, treat with physiologic replacement doses of corticosteroids. Wean the patient off of the opioid to allow adrenal function to recover and continue corticosteroid treatment until adrenal function recovers. Other opioids may be tried as some cases reported use of a different opioid without recurrence of adrenal insufficiency. The information available does not identify any particular opioids as being more likely to be associated with adrenal insufficiency.

Hyponatremia

Hyponatremia has been reported very rarely with the use of tramadol, usually in patients with predisposing risk factors, such as elderly patients and/or patients using concomitant medications that

may cause hyponatremia (e.g., antidepressants, benzodiazepines, diuretics). In some reports, hyponatremia appeared to be the result of the syndrome of inappropriate antidiuretic hormone secretion (SIADH) and resolved with discontinuation of MINT-TRAMADOL/ACET and appropriate treatment (e.g., fluid restriction). During MINT-TRAMADOL/ACET treatment, monitoring for signs and symptoms of hyponatremia is recommended for patients with predisposing risk factors.

Gastrointestinal Effects

Tramadol and other morphine-like opioids have been shown to decrease bowel motility. Tramadol and acetaminophen may obscure the diagnosis or clinical course of patients with acute abdominal conditions (see **CONTRAINDICATIONS**).

Neonatal Opioid Withdrawal Syndrome (NOWS)

Prolonged maternal use of opioids during pregnancy can result in withdrawal signs in the neonate. Neonatal opioid withdrawal syndrome, unlike opioid withdrawal syndrome in adults, may be life-threatening.

Neonatal opioid withdrawal syndrome presents as irritability, hyperactivity and abnormal sleep pattern, high pitched cry, tremor, vomiting, diarrhea and failure to gain weight. The onset, duration, and severity of neonatal opioid withdrawal syndrome vary based on the specific opioid used, duration of use, timing and amount of last maternal use, and rate of elimination of the drug by the newborn.

Use of MINT-TRAMADOL/ACET is contraindicated in pregnant women (see **CONTRAINDICATIONS**).

Neurologic

Serotonin toxicity / Serotonin syndrome: Serotonin toxicity, also known as serotonin syndrome, is a potentially life-threatening condition and has been reported with tramadol, including Acetaminophen and Tramadol hydrochloride, particularly during combined use with other serotonergic drugs (See **DRUG INTERACTIONS**).

Serotonin toxicity is characterised by neuromuscular excitation, autonomic stimulation (e.g. tachycardia, flushing) and altered mental state (e.g., anxiety, agitation, hypomania). In accordance with the Hunter Criteria, serotonin toxicity diagnosis is likely when, in the presence of at least one serotonergic agent, one of the following is observed:

- Spontaneous clonus
- Inducible clonus or ocular clonus with agitation or diaphoresis
- Tremor and hyperreflexia
- Hypertonia and body temperature $>38^{\circ}\text{C}$ and ocular clonus or inducible clonus.

If concomitant treatment with MINT-TRAMADOL/ACET and other serotonergic agents is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases (see **DRUG INTERACTIONS**). If serotonin toxicity is suspected, discontinuation of the serotonergic agents should be considered.

Interactions with Central Nervous System (CNS) Depressants (including benzodiazepines and alcohol):

Tramadol should be used with caution and in a reduced dosage during concomitant administration of other opioid analgesics, general anesthetics, phenothiazines and other tranquilizers, sedative-hypnotics, tricyclic antidepressants, antipsychotics, antihistamines, benzodiazepines, centrally-active anti-emetics and other CNS depressants. Respiratory depression, hypotension and profound sedation, coma or death may result.

Observational studies have demonstrated that concomitant use of opioid analgesics and benzodiazepines increases the risk of drug-related mortality compared to use of opioid analgesics alone. Because of similar pharmacological properties, it is reasonable to expect similar risk with the concomitant use of other CNS depressant drugs with opioid analgesics (see **DRUG INTERACTIONS**). If the decision is made to prescribe a benzodiazepine or other CNS depressant concomitantly with an opioid analgesic, prescribe the lowest effective dosages and minimum durations of concomitant use. In patients already receiving an opioid analgesic, prescribe a lower initial dose of the benzodiazepine or other CNS depressant than indicated in the absence of an opioid, and titrate based on clinical response. If an opioid analgesic is initiated in a patient already taking a benzodiazepine or other CNS depressant, prescribe a lower initial dose of the opioid analgesic, and titrate based on clinical response. Follow patients closely for signs and symptoms of respiratory depression and sedation.

Advise both patients and caregivers about the risks of respiratory depression and sedation when MINT-TRAMADOL/ACET is used with benzodiazepines or other CNS depressants (including alcohol and illicit drugs). Advise patients not to drive or operate heavy machinery until the effects of concomitant use of the benzodiazepine or other CNS depressant have been determined. Screen patients for risk of substance use disorders, including opioid abuse and misuse, and warn them of the risk for overdose and death associated with the use of additional CNS depressants including alcohol and illicit drugs (see **DRUG INTERACTIONS**).

MINT-TRAMADOL/ACET should not be consumed with alcohol as it may increase the chance of experiencing dangerous side effects, including death (see **CONTRAINDICATIONS; ADVERSE REACTIONS, Sedation and DRUG INTERACTIONS**).

Severe pain antagonizes the subjective and respiratory depressant actions of opioid analgesics. Should pain suddenly subside, these effects may rapidly become manifest.

Head Injury: The respiratory depressant effects of tramadol, and the capacity to elevate cerebrospinal fluid pressure, may be greatly increased in the presence of an already elevated intracranial pressure produced by trauma. Also, tramadol may produce confusion, miosis, vomiting and other side effects which obscure the clinical course of patients with head injury. In such patients, tramadol must be used with extreme caution and only if it is judged essential (see **CONTRAINDICATIONS**).

Peri-Operative Considerations

MINT-TRAMADOL/ACET is not indicated for pre-emptive analgesia (administration pre-operatively for the management of post-operative pain). MINT-TRAMADOL/ACET should only be used during post-operative period in patients that can take oral medications.

The administration of analgesics in the peri-operative period should be managed by healthcare providers with adequate training and experience (e.g., by an anesthesiologist).

Tramadol and other morphine-like opioids have been shown to decrease bowel motility. Ileus is a common post-operative complication, especially after intra-abdominal surgery with opioid analgesia. Caution should be taken to monitor for decreased bowel motility in post-operative patients receiving opioids. Standard supportive therapy should be implemented.

Psychomotor Impairment

MINT-TRAMADOL/ACET may impair the mental and/or physical abilities needed for certain potentially hazardous activities such as driving a car or operating machinery. Patients should be cautioned accordingly. Patients should also be cautioned about the combined effects of tramadol with other CNS depressants, including other opioids, phenothiazine, sedative/hypnotics and alcohol.

Respiratory

Respiratory Depression: Administer MINT-TRAMADOL/ACET cautiously in patients at risk for respiratory depression, including patients with substantially decreased respiratory reserve, hypoxia, hypercapnia, or pre-existing respiratory depression, as in these patients, even therapeutic doses of MINT-TRAMADOL/ACET may decrease respiratory drive to the point of apnea. In these patients, alternative non-opioid analgesics should be considered. When large doses of tramadol are administered with anesthetic medications or alcohol, respiratory depression may result. Respiratory depression should be treated as an overdose. If naloxone is to be administered, use cautiously because it may precipitate seizures (see **Seizure Risk** and **OVERDOSAGE, Tramadol**).

Serious, life-threatening, or fatal respiratory depression has been reported with the use of opioids, even when used as recommended. Respiratory depression from opioid use, if not immediately recognized and treated, may lead to respiratory arrest and death. Management of respiratory depression may include close observation, supportive measures, and use of opioid antagonists, depending on the patient's clinical status. Tramadol should be used with extreme caution in patients with substantially decreased respiratory reserve, pre-existing respiratory depression, hypoxia or hypercapnia (see **CONTRAINDICATIONS**).

While serious, life-threatening, or fatal respiratory depression can occur at any time during the use of MINT-TRAMADOL/ACET, the risk is greatest during the initiation of therapy or following a dose increase. Patients should be closely monitored for respiratory depression when initiating therapy with MINT-TRAMADOL/ACET and following dose increases. During treatment with MINT-TRAMADOL/ACET, cases of severe respiratory depression have been reported in patients with risk factors of respiratory depression or in cases of overdose.

Life-threatening respiratory depression is more likely to occur in the elderly, cachectic, or debilitated patients because they may have altered pharmacokinetics or altered clearance compared to younger, healthier patients.

To reduce the risk of respiratory depression, proper dosing and titration of MINT-TRAMADOL/ACET are essential. Overestimating the MINT-TRAMADOL/ACET dose when converting patients from another opioid product can result in a fatal overdose with the first dose. In these patients, the use of non-opioid analgesics should be considered, if feasible (see **WARNINGS AND PRECAUTIONS, Special Populations, Special Risk Groups, and DOSAGE AND ADMINISTRATION**).

Sleep Apnea: Opioids can cause sleep-related breathing disorders such as sleep apnea syndromes (including central sleep apnea [CSA]) and hypoxia (including sleep-related hypoxia) (see **ADVERSE REACTIONS**). Opioid use increases the risk of CSA in a dose-dependent fashion. Evaluate patients on an ongoing basis for the onset of a new sleep apnea, or a worsening of an existing sleep apnea. In these patients, consider reducing or stopping the opioid treatment if appropriate, using best practices for tapering of opioids (see **WARNINGS AND PRECAUTIONS, Dependence/Tolerance; DOSAGE AND ADMINISTRATION, Adjustment or Reduction of Dosage**).

Use with MAO Inhibitors (MAOIs):

Concomitant use of MINT-TRAMADOL/ACET with MAOIs is contraindicated (see **CONTRAINDICATIONS**).

Animal studies have shown increased deaths with combined administration of MAOIs and tramadol. Concomitant use of tramadol with MAOIs increases the risk of adverse events, including seizure (see **Seizure Risk** and **DRUG INTERACTIONS**) and serotonin syndrome (see **Serotonin Syndrome**).

Cytochromes P450 (CYP) 2D6 Ultra-Rapid Metabolism: Some individuals may be CYP2D6 ultra-rapid metabolizers. These individuals convert tramadol more rapidly than other people into its more potent opioid metabolite O-desmethyltramadol (M1). Even at labelled dosage regimens, this rapid conversion could result in higher than expected opioid-like side effects including life-threatening or fatal respiratory depression or experience signs of overdose (such as extreme sleepiness, confusion, or shallow breathing) (see **OVERDOAGE, Symptoms: Tramadol; WARNINGS AND PRECAUTIONS, Special Populations, Labour, Delivery and Nursing Women; DRUG INTERACTIONS, Overview**). The prevalence of this CYP2D6 phenotype varies widely in the population (see **ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions, Race**).

Use in Patients with Chronic Pulmonary Disease: Monitor patients with significant chronic obstructive pulmonary disease or cor pulmonale, and patients having a substantially decreased respiratory reserve, hypoxia, hypercapnia, or pre-existing respiratory depression for respiratory depression, particularly when initiating therapy and titrating with MINT-TRAMADOL/ACET, as in these patients, even usual therapeutic doses of MINT-TRAMADOL/ACET may decrease respiratory drive to the point of apnea. In these patients, use of alternative non-opioid analgesics should be considered, if possible. The use of MINT-TRAMADOL/ACET is contraindicated in patients with acute or severe bronchial asthma, chronic obstructive airway, or status asthmaticus (see **CONTRAINDICATIONS**).

Hepatic

Administration of acetaminophen in doses higher than recommended may result in hepatic injury, including the risk of severe hepatotoxicity and death. The risk of acute liver failure is higher in individuals with underlying liver disease and in individuals who ingest alcohol while taking acetaminophen.

The maximum daily dose of acetaminophen includes all routes of administration (intravenous, oral and rectal) and all products containing acetaminophen (oral solutions/drops, syrup, pills, capsules, suppositories, etc.). Instruct patients not to exceed the maximum recommended daily dose of acetaminophen (see **DOSAGE AND ADMINISTRATION, Dosing Considerations**). Advise your patients to seek medical attention as soon as an acetaminophen overdose is suspected. Advise them not to wait for symptoms to appear (see **OVERDOSAGE, Acetaminophen**).

Use with Other Acetaminophen-Containing Products

Due to the potential for acetaminophen hepatotoxicity at doses higher than the recommended dose, MINT-TRAMADOL/ACET should not be used concomitantly with other acetaminophen-containing products. Patients with or without liver disease should not exceed the daily maximum dose of acetaminophen. The maximum daily dose of acetaminophen includes all routes of administration (intravenous, oral and rectal) and all products containing acetaminophen (oral solutions/drops, syrup, pills, capsules, suppositories etc.).

Risk of Overdosage

Serious potential consequences of overdosage with MINT-TRAMADOL/ACET are central nervous system depression, respiratory depression, seizures and death (see **Seizure Risk** and **Respiratory**). A serious potential consequence of overdosage with acetaminophen is hepatic (centrilobular) necrosis, leading to hepatic failure and death (see **Hepatic**).

Emergency help should be sought immediately and treatment initiated without delay if overdose is suspected, even if symptoms are not apparent. In treating an overdose of tramadol, primary attention should be given to maintaining adequate ventilation along with general supportive treatment (see **OVERDOSAGE, Treatment**).

Do not prescribe MINT-TRAMADOL/ACET for patients who are suicidal or addiction-prone.

MINT-TRAMADOL/ACET should not be taken in doses higher than those recommended by the physician. The judicious prescribing of tramadol is essential to the safe use of this drug. With patients who are depressed or suicidal, consideration should be given to the use of non-narcotic analgesics.

Hypersensitivity Reactions

Serious Skin Reactions

Rarely, acetaminophen can cause serious skin reactions such as acute generalized exanthematous pustulosis (AGEP), Stevens-Johnson Syndrome (SJS), and toxic epidermal necrolysis (TEN), which can be fatal. It is important to recognize and react quickly to the initial symptoms of these reactions which may occur without warning but may be manifested by any serious skin reactions. Patients should be informed about the signs of serious skin reactions, and use of the drug should be discontinued at the first appearance of skin rash or any other sign of hypersensitivity.

Sexual Function/Reproduction

Long-term use of opioids may be associated with decreased sex hormone levels and symptoms such as low libido, erectile dysfunction, or infertility (see **ADVERSE REACTIONS, Androgen deficiency**).

Special Populations

Special Risk Groups: Tramadol should be administered with caution to patients with a history of alcohol and drug abuse and in a reduced dosage to debilitated patients, and in patients with severely impaired pulmonary function, Addison's disease, hypothyroidism, myxedema, toxic psychosis, prostatic hypertrophy or urethral stricture.

Pregnant Women: Animal reproduction studies have revealed no evidence of harm to the fetus due to tramadol and acetaminophen (see **TOXICOLOGY, Teratogenicity**). However, as studies in humans have not been conducted, and since tramadol and acetaminophen crosses the placental barrier, MINT-TRAMADOL/ACET is contraindicated in pregnant women (see **CONTRAINDICATIONS**).

Prolonged maternal use of opioids during pregnancy can result in withdrawal signs in the neonate. Neonatal opioid withdrawal syndrome, unlike opioid withdrawal syndrome in adults, may be life-threatening (see **WARNINGS AND PRECAUTIONS, Neonatal Opioid Withdrawal Syndrome, ADVERSE REACTIONS, Other Clinically Significant Adverse Experiences Previously Reported in Clinical Trials or Post-marketing Reports with Tramadol**).

Labour, Delivery and Nursing Women:

MINT-TRAMADOL/ACET is contraindicated in nursing women (see **CONTRAINDICATIONS**). Following a single 100 mg i.v. dose of tramadol, the cumulative excretion in breast milk within 16 hours post-dose was 100 mcg of tramadol (0.1% of the maternal dose) and 27 mcg of M1. Tramadol is subject to the same polymorphic metabolism as codeine, with ultra-rapid metabolizers of CYP2D6 substrates being potentially exposed to life-threatening levels of *O*-desmethyltramadol (M1). At least one death was reported in a breast feeding infant who was exposed to high levels of morphine in breast milk because the mother was an ultra-rapid metabolizer of codeine. A baby breast-feeding from an ultra-rapid metabolizer mother taking MINT-TRAMADOL/ACET could potentially be exposed to high levels of M1, and experience life-threatening respiratory depression. Therefore, maternal use of tramadol can lead to serious adverse reactions, including death in nursing infants (see **WARNINGS AND PRECAUTIONS, Respiratory**).

Since opioids can cross the placental barrier and are excreted in breast milk, MINT-TRAMADOL/ACET is also contraindicated during labour and delivery. Life-threatening respiratory depression can occur in the infant if opioids are administered to the mother. Naloxone, a drug that counters the effects of opioids, should be readily available if MINT-TRAMADOL/ACET is used in this population.

Pediatrics (< 18 years of age):

The use of MINT-TRAMADOL/ACET is contraindicated in children below 12 years of age (see **CONTRAINDICATIONS**). The safety and efficacy of MINT-TRAMADOL/ACET has not been studied in the pediatric population. Therefore, use of MINT-TRAMADOL/ACET is not

recommended in patients under 18 years of age. Further, adolescent patients (12 to 18 years old) who are obese or have conditions such as obstructive sleep apnea or severe lung disease may be at increased risk of serious breathing problems; the use of MINT-TRAMADOL/ACET is not recommended in these pediatric patients. Because of the risk of life-threatening respiratory depression and death, avoid the use of MINT-TRAMADOL/ACET in adolescents (12 to 18 years old) who have other risk factors that may increase their sensitivity to the respiratory depressant effects of tramadol. Risk factors include conditions associated with hypoventilation such as postoperative status, obstructive sleep apnea and concomitant use of other medications that cause respiratory depression.

Geriatrics (> 65 years of age): In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range and titrate slowly, reflecting the greater frequency of decreased hepatic, renal or cardiac function; concomitant disease and multiple drug therapy (see **DOSAGE AND ADMINISTRATION** and **ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions, Geriatrics**).

Patients with Hepatic Impairment

MINT-TRAMADOL/ACET is contraindicated in patients with severe hepatic impairment (see **CONTRAINDICATIONS**). In patients with compromised liver function, acetaminophen could exacerbate liver insufficiency. Pain control may also be compromised because tramadol is not properly metabolized.

MINT-TRAMADOL/ACET has not been studied in patients with impaired hepatic function. Theoretical risk factors for acetaminophen hepatotoxicity in patients with chronic liver disease include slower metabolism of acetaminophen, increased activity of the cytochrome P450 enzyme system, or depleted glutathione stores. Liver function should be monitored in patients with liver disease.

Patients with Renal Impairment

MINT-TRAMADOL/ACET is contraindicated in patients with severe renal impairment (defined as glomerular filtration rate of less than 30 mL/min/1.73m²). Acetaminophen has been reported to cause toxicity in this population.

MINT-TRAMADOL/ACET has not been studied in patients with impaired renal function. Experience with tramadol suggests that impaired renal function results in a decreased rate and extent of excretion of tramadol and its active metabolite, M1 (see **CONTRAINDICATIONS, ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions, Renal Impairment**).

ADVERSE REACTIONS

Adverse Drug Reaction Overview

Adverse effects of MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride) tablets are similar to those of other opioid analgesics, and represent an extension of pharmacological effects

of the drug class. The major hazards of opioids include respiratory and central nervous system depression and to a lesser degree, circulatory depression, respiratory arrest, shock and cardiac arrest.

The most frequently observed adverse effects of MINT-TRAMADOL/ACET are headache, dizziness, nausea, constipation and somnolence as presented in Table 1.1.

Clinical Trial Adverse Drug Reactions

Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

Acetaminophen and tramadol hydrochloride tablets were administered to 1, 597 patients during the double-blind or open-label extension periods in studies of chronic non-malignant pain. Of these patients, 539 were 65 years old or older. The most frequently reported events were in the central nervous and gastrointestinal systems. These are common effects associated with other drugs with opioid agonist activity.

Table 1.1 Treatment -emergent adverse events reported in at least 2% of Acetaminophen and Tramadol Hydrochloride patients with chronic pain^a and an incidence greater than with placebo

| Body System | Acetaminophen and Tramadol Hydrochloride tablets (N=481) | Placebo (N= 479) |
|--|---|-----------------------------------|
| Adverse Events | % | % |
| Body As A Whole | | |
| Fatigue | 7 | 2 |
| Hot Flushes | 2 | 0 |
| Influenza-Like Symptoms | 3 | 2 |
| Cardiovascular Disorders | | |
| Hypertension | 3 | 1 |
| Central & Peripheral Nervous System Disorders | | |
| Headache | 15 | 10 |
| Dizziness | 11 | 4 |
| Hypoesthesia | 2 | 0 |
| Gastro-Intestinal System Disorders | | |
| Nausea | 18 | 5 |
| Constipation | 16 | 5 |
| Mouth Dry | 8 | 1 |
| Vomiting | 5 | 1 |
| Abdominal Pain | 5 | 4 |
| Diarrhea | 5 | 3 |
| Psychiatric Disorders | | |

| Body System | Acetaminophen and Tramadol Hydrochloride tablets (N=481) % | Placebo (N= 479) % |
|--------------------------------------|---|---------------------------------|
| Adverse Events | | |
| Somnolence | 14 | 2 |
| Insomnia | 5 | 1 |
| Anorexia | 4 | 1 |
| Nervousness | 2 | 0 |
| Skin And Appendages Disorders | | |
| Pruritus | 6 | 1 |
| Sweating Increased | 4 | 0 |
| Rash | 3 | 1 |

^a in placebo controlled trials of three months in duration

Incidence at least 1% - Causal Relationship at Least Possible or Greater

The following lists treatment-emergent adverse reactions that occurred with an incidence of at least 1% in clinical trials with a population of 2,836 tramadol/acetaminophen-exposed subjects in the 18 acute and chronic pain studies combined.

- Body as a Whole: asthenia, fatigue, hot flushes
- Central and Peripheral Nervous System: dizziness, headache, tremor
- Gastrointestinal System: abdominal pain, constipation, diarrhea, dyspepsia, flatulence, dry mouth, nausea, vomiting
- Psychiatric Disorders: anorexia, anxiety, confusion, euphoria, insomnia, nervousness, somnolence
- Skin and Appendages: pruritus, rash, increased sweating

Among these, the most common (≥5% of subjects) treatment-emergent adverse events were nausea (14%), dizziness (10%), somnolence (9%), constipation (8%), vomiting (5%), and headache (5%). These data are consistent with data presented in Table 1.1.

Sedation: Sedation is a common side effect of opioid analgesics, especially in opioid naïve individuals. Sedation may also occur partly because patients often recuperate from prolonged fatigue after the relief of persistent pain. Most patients develop tolerance to the sedative effects of opioids within three to five days and, if the sedation is not severe, will not require any treatment except reassurance. If excessive sedation persists beyond a few days, the dose of the opioid should be reduced and alternate causes investigated. Some of these are: concurrent CNS depressant medication, hepatic or renal dysfunction, brain metastases, hypercalcemia and respiratory failure. If it is necessary to reduce the dose, it can be carefully increased again after three or four days if it is obvious that the pain is not being well controlled. Dizziness and unsteadiness may be caused by postural hypotension, particularly in elderly or debilitated patients, and may be alleviated if the patient lies down.

Nausea and Vomiting: Nausea is a common side effect on initiation of therapy with opioid analgesics and is thought to occur by activation of the chemoreceptor trigger zone, stimulation of the vestibular apparatus and through delayed gastric emptying. The prevalence of nausea declines following continued treatment with opioid analgesics. When instituting therapy with an opioid for chronic pain, the routine prescription of an antiemetic should be considered. In the cancer patient, investigation of nausea should include such causes as constipation, bowel obstruction, uremia, hypercalcemia, hepatomegaly, tumor invasion of celiac plexus and concurrent use of drugs with emetogenic properties. Persistent nausea which does not respond to dosage reduction may be caused by opioid-induced gastric stasis and may be accompanied by other symptoms including anorexia, early satiety, vomiting and abdominal fullness. These symptoms respond to chronic treatment with gastrointestinal prokinetic agents.

Constipation: Practically all patients become constipated while taking opioids on a persistent basis. In some patients, particularly the elderly or bedridden, fecal impaction may result. It is essential to caution the patients in this regard and to institute an appropriate regimen of bowel management at the start of prolonged opioid therapy. Stimulant laxatives, stool softeners, and other appropriate measures should be used as required. As fecal impaction may present as overflow diarrhea, the presence of constipation should be excluded in patients on opioid therapy prior to initiating treatment for diarrhea.

The following adverse effects occur less frequently with opioid analgesics and include those reported in acetaminophen and tramadol tablets clinical trials, whether related or not to tramadol and acetaminophen.

Less Common Clinical Trial Adverse Drug Reactions (≤1%)

The following lists clinically relevant treatment-emergent adverse reactions that occurred with an incidence of less than 1% in tramadol/acetaminophen clinical trials.

| | |
|---|---|
| Body as a Whole: | chest pain, rigors, syncope, withdrawal syndrome, allergic reaction |
| Cardiovascular Disorders: | hypertension, aggravated hypertension, hypotension, dependent edema |
| Central and Peripheral Nervous System: | ataxia, convulsions, hypertonia, migraine, aggravated migraine, involuntary muscle contractions, paresthesia, stupor, vertigo |
| Gastrointestinal System: | dysphagia, melena, tongue edema |
| Hearing and Vestibular Disorders: | tinnitus |
| Heart Rate and Rhythm Disorders: | arrhythmia, palpitation, tachycardia |
| Liver and Biliary System: | abnormal hepatic function, SGPT (ALAT) increased, SGOT (ASAT) increased |
| Metabolic and Nutritional Disorders: | weight decrease, hypoglycemia, increased alkaline phosphatase, weight increase |
| Musculoskeletal System Disorders: | arthralgia |
| Platelets, Bleeding and Clotting Disorders: | increased coagulation time, purpura |
| Psychiatric Disorders: | amnesia, depersonalisation, depression, drug abuse, emotional lability, hallucination, impotence, bad |

| | |
|--------------------------------|--|
| Red Blood Cell Disorders: | dreams, abnormal thinking anemia |
| Respiratory System: | dyspnea, bronchospasm |
| Skin and Appendages Disorders: | dermatitis, erythematous rash |
| Urinary System: | albuminuria, micturition disorder, oliguria, urinary retention |
| Vision Disorders: | abnormal vision |
| White Cell and RES Disorders: | granulocytopenia and leukocytosis |

Other Clinically Significant Adverse Experiences Previously Reported in Clinical Trials or Post-marketing Reports with Tramadol

Other events which have been reported with the use of tramadol products and for which a causal association has not been determined include: vasodilation, orthostatic hypotension, myocardial ischemia, pulmonary edema, allergic reactions (including anaphylaxis and urticaria, Stevens-Johnson syndrome/TENS), cognitive dysfunction, difficulty concentrating, suicidal tendency, hepatitis liver failure, worsening of asthma and gastrointestinal bleeding. Reported laboratory abnormalities included elevated creatinine and liver function tests.

Additional events which have been reported with the use of tramadol products and for which a causal association has not been determined include: abdominal discomfort, agitation, chest discomfort, cold sweat, disorientation, dry throat, ear discomfort, feeling abnormal, feeling jittery, gait disturbance, irritability, lethargy, malaise, memory impairment, prothrombin time prolonged, psychomotor hyperactivity, sleep disorder, thirst, vision blurred.

Serotonin syndrome (whose symptoms may include mental status change, hyperreflexia, fever, shivering, tremor, agitation, diaphoresis, seizures and coma) has been reported with tramadol when used concomitantly with other serotonergic agents such as SSRIs and MAOIs.

Post-marketing experience with the use of tramadol containing products included rare reports of delirium, miosis, mydriasis, and speech disorder, and very rare reports of movement disorder including dyskinesia and dystonia. Electrocardiogram QT prolonged, ventricular fibrillation, and ventricular tachycardia have been reported during post-market use.

Cases of hypoglycemia have been reported in patients taking tramadol, mostly in patients with predisposing risk factors, including diabetes, elderly and renal insufficiency. Caution should be exercised when prescribing tramadol to diabetic patients. More frequent monitoring of blood glucose levels may be appropriate, including at initiation or dose increase.

Cases of hyponatremia and/or SIADH have been reported very rarely in patients taking tramadol, usually in patients with predisposing risk factors, such as the elderly or those using concomitant medications that may cause hyponatremia.

Androgen deficiency: Chronic use of opioids may influence the hypothalamic-pituitary-gonadal axis, leading to androgen deficiency that may manifest as low libido, impotence, erectile dysfunction, amenorrhea, or infertility. The causal role of opioids in the clinical syndrome of hypogonadism is unknown because the various medical, physical, lifestyle, and psychological stressors that may influence gonadal hormone levels have not been adequately controlled for in studies conducted to

date. Patients presenting with symptoms of androgen deficiency should undergo laboratory evaluation.

Other Clinically Significant Adverse Experiences Previously Reported in Clinical Trials or Post-marketing Reports with Acetaminophen

Allergic reactions (primarily skin rash) or reports of hypersensitivity secondary to acetaminophen are rare and generally controlled by discontinuation of the drug and, when necessary, symptomatic treatment. There have been several reports that suggest that acetaminophen may produce hypoprothrombinemia when administered with warfarin-like compounds. In other studies, prothrombin time did not change.

Additional events which have been reported with the use of acetaminophen products and for which a causal association has not been determined include: feeling hot, fixed eruption, pruritus generalized.

DRUG INTERACTIONS

Overview

Based on its pharmacodynamic and pharmacokinetic properties, tramadol and acetaminophen exhibits a potential for pharmacodynamic and pharmacokinetic interactions. The various types of interactions, associated general recommendations and lists of examples are described in Table 1.2 below. These lists of examples are not comprehensive and therefore it is recommended that the label of each drug that is co-administered with tramadol and acetaminophen be consulted for information related to interaction pathways, potential risks, and specific actions to be taken with regards to co-administration (see **ACTION AND CLINICAL PHARMACOLOGY, Pharmacokinetics, Metabolism**).

Table 1.2 Drug Interactions with MINT-TRAMADOL/ACET

| | |
|-----------------------------|---|
| Inhibitors of CYP2D6 | |
| <i>Mechanism:</i> | Enzyme inhibition resulting in decreased rate of metabolism of tramadol |

| | |
|-----------------------------|---|
| <i>Clinical Impact:</i> | <p>The concomitant use of MINT-TRAMADOL/ACET and CYP2D6 inhibitors may result in an increase in the plasma concentration of tramadol and a decrease in the plasma concentration of M1, particularly when an inhibitor is added after a stable dose of MINT-TRAMADOL/ACET is achieved. Since M1 is a more potent μ-opioid agonist, decreased M1 exposure could result in decreased therapeutic effects, and may result in signs and symptoms of opioid withdrawal in patients who had developed physical dependence to tramadol. Increased tramadol exposure can result in increased or prolonged therapeutic effects and increased risk for serious adverse events including seizures, serotonin syndrome, and QTc interval prolongation, potentially resulting in cardiac arrhythmias.</p> <p>After stopping an inhibitor of CYP2D6, as the effects of the inhibitor decline, the tramadol plasma concentration will decrease and the M1 plasma concentration will increase which could increase or prolong therapeutic effects but also increase adverse reactions related to opioid toxicity and may cause potentially fatal respiratory depression (see ACTION AND CLINICAL PHARMACOLOGY, <u>Pharmacokinetics</u>).</p> |
| <i>Intervention:</i> | <p>If concomitant use of an inhibitor of CYP2D6 is necessary, follow patients closely for adverse reactions including opioid withdrawal, seizures and serotonin syndrome, QTc interval prolongation, potentially resulting in cardiac arrhythmias (see WARNINGS AND PRECAUTIONS, Cytochromes P450 (CYP) 2D6 Ultra-Rapid Metabolism).</p> <p>If an inhibitor of CYP2D6 is discontinued, consider lowering MINT-TRAMADOL/ACET dosage until stable drug effects are achieved. Follow patients closely for adverse events including respiratory depression and sedation.</p> |
| <i>Examples</i> | Quinidine, fluoxetine, paroxetine, amitriptyline and bupropion |
| Inhibitors of CYP3A4 | |
| <i>Mechanism:</i> | Enzyme inhibition resulting in decreased rate of metabolism of tramadol |
| <i>Clinical Impact:</i> | <p>The concomitant use of MINT-TRAMADOL/ACET and an inhibitor of CYP3A4 can increase the plasma concentration of tramadol and may result in a greater amount of metabolism via CYP2D6 and greater levels of M1. Increased tramadol exposure resulting from CYP3A4 inhibition can also be associated serious adverse events, including seizures, serotonin syndrome, and QTc interval prolongation, potentially resulting in cardiac arrhythmias.</p> <p>After stopping an inhibitor of CYP3A4, as the effects of the inhibitor decline, the tramadol plasma concentration will decrease, resulting in decreased opioid efficacy and possibly signs and symptoms of opioid withdrawal in patients who had developed physical dependence to tramadol.</p> |

| | |
|---|---|
| <i>Intervention:</i> | <p>If concomitant use is necessary, consider dosage reduction of MINT-TRAMADOL/ACET until stable drug effects are achieved. Follow patients closely for increased risk of serious adverse events including seizures and serotonin syndrome, QTc interval prolongation, potentially resulting in cardiac arrhythmias and adverse reactions related to opioid toxicity including potentially fatal respiratory depression, particularly when an inhibitor is added after a stable dose of MINT-TRAMADOL/ACET is achieved.</p> <p>If an inhibitor of CYP3A4 is discontinued, consider increasing the MINT-TRAMADOL/ACET dosage until stable drug effects are achieved and follow patients for signs and symptoms of opioid withdrawal.</p> |
| <i>Examples</i> | Macrolide antibiotics (e.g., erythromycin), azole-antifungal agents (e.g. ketoconazole), protease inhibitors (e.g., ritonavir) |
| CYP3A4 Inducers | |
| <i>Mechanism:</i> | Enzyme induction resulting in increased rate of metabolism of tramadol. |
| <i>Clinical Impact:</i> | <p>The concomitant use of MINT-TRAMADOL/ACET and an inducer of CYP3A4 can decrease the plasma concentration of tramadol, resulting in decreased efficacy or onset of a withdrawal syndrome in patients who have developed physical dependence to tramadol.</p> <p>After stopping an inducer of CYP3A4, as the effects of the inducer decline, the tramadol plasma concentration will increase, which could increase or prolong both the therapeutic effects and adverse reactions, and may cause serious respiratory depression, seizures and serotonin syndrome.</p> |
| <i>Intervention:</i> | <p>If concomitant use is necessary, consider increasing the MINT-TRAMADOL/ACET dosage until stable drug effects are achieved. Follow patients for signs of opioid withdrawal.</p> <p>If an inducer of CYP3A4 is discontinued, consider MINT-TRAMADOL/ACET dosage reduction and monitor for seizures and serotonin syndrome, and signs of sedation and respiratory depression.</p> <p>Patients taking carbamazepine, an inducer of CYP3A4, may have a significantly reduced analgesic effect of tramadol. Because carbamazepine increases tramadol metabolism and because of the seizure risk associated with tramadol, concomitant administration of MINT-TRAMADOL/ACET and carbamazepine is not recommended.</p> |
| <i>Examples:</i> | Rifampin, carbamazepine, phenytoin |
| Benzodiazepines and Other Central Nervous System (CNS) Depressants including alcohol | |
| <i>Mechanism:</i> | Additive or synergistic pharmacodynamic effect |

| | |
|---|---|
| <i>Clinical Impact:</i> | Due to additive pharmacological effect, the concomitant use of benzodiazepines or other CNS depressants (e.g., other opioids, sedatives/hypnotics, antidepressants, anxiolytics, tranquilizers, muscle relaxants, general anesthetics, antipsychotics, phenothiazines, neuroleptics, antihistamines, antiemetics, and alcohol) and beta-blockers, increases the risk of hypotension, respiratory depression, profound sedation, coma, and death. If concomitant use of MINT-TRAMADOL/ACET with a CNS depressant is clinically necessary, prescribe the lowest effective dosages and minimum duration for both drugs, and follow patients closely for signs of respiratory depression. |
| <i>Intervention:</i> | Reserve concomitant prescribing of these drugs for use in patients for whom alternative treatment options are inadequate. Limit dosages and durations to the minimum required. Follow patients closely for signs of respiratory depression and sedation (see WARNINGS AND PRECAUTIONS). |
| <i>Examples:</i> | Benzodiazepines and other sedatives/hypnotics, antidepressants, anxiolytics, tranquilizers, muscle relaxants, general anesthetics, other opioids, antipsychotics, phenothiazines, neuroleptics, antihistamines, antiemetics, alcohol. |
| Serotonergic Drugs | |
| <i>Mechanism:</i> | Additive or synergistic pharmacodynamic effect |
| <i>Clinical Impact:</i> | Concomitant use of tramadol with serotonergic drugs increases the risk of adverse events, including seizures and serotonin syndrome. |
| <i>Intervention:</i> | Use caution when administering MINT-TRAMADOL/ACET in patients taking serotonergic drugs and monitor for signs of adverse events. Discontinue MINT-TRAMADOL/ACET if serotonin syndrome is suspected. |
| <i>Examples:</i> | Selective serotonin reuptake inhibitors (SSRIs), serotonin and norepinephrine reuptake inhibitors (SNRIs), tricyclic antidepressants (TCAs), triptans, 5-HT ₃ receptor antagonists, drugs that affect the serotonin neurotransmitter system (e.g., mirtazapine and trazodone), some muscle relaxants (e.g., cyclobenzaprine), MAOIs (e.g. linezolid and methylene blue, lithium or St. John's Wort), serotonin-precursors such as L-tryptophan, with drugs which impair metabolism of serotonin and with drugs which may impair metabolism of tramadol (CYP2D6 and CYP3A4 inhibitors). |
| Monoamine Oxidase Inhibitors (MAOIs) | |
| <i>Mechanism</i> | Additive or synergistic pharmacodynamic effect |

| | |
|-------------------------|---|
| <i>Clinical Impact:</i> | The concomitant use of MINT-TRAMADOL/ACET with MAOIs, or use within 14 days of their discontinuation, is contraindicated due to the increased risk of seizures and serotonin syndrome (see CONTRAINDICATIONS). MAOI interactions with opioids may manifest as serotonin syndrome (see WARNINGS AND PRECAUTIONS, Neurologic) or opioid toxicity (e.g., respiratory depression, coma) (see WARNINGS AND PRECAUTIONS, Respiratory). |
| <i>Intervention:</i> | Do not use MINT-TRAMADOL/ACET in patients taking MAOIs or within 14 days of stopping such treatment. |
| <i>Examples:</i> | phenelzine, tranylcypromine, linezolid |
| Warfarin | |
| <i>Clinical Impact:</i> | As medically appropriate, periodic evaluation of prothrombin time should be performed when MINT-TRAMADOL/ACET and this agent are administered concurrently due to reports of increased International Normalized Ratio (INR) in some patients. Post-marketing surveillance of tramadol has revealed rare reports of alteration of warfarin effect, including elevation of prothrombin times. There have been several reports that suggest that acetaminophen may produce hypoprothrombinemia when administered with warfarin-like compounds. |
| <i>Intervention:</i> | Monitor the prothrombin time of patients on warfarin for signs of an interaction and adjust the dosage of warfarin as needed. |
| Cimetidine | |
| <i>Clinical Impact:</i> | Concomitant administration of tramadol and cimetidine does not result in clinically significant changes in tramadol pharmacokinetics. |
| Digoxin | |
| <i>Clinical Impact:</i> | Post-marketing surveillance of tramadol has revealed rare reports of digoxin toxicity. |
| <i>Intervention:</i> | Follow patients for signs of digoxin toxicity and treat as needed. |

QTc Interval-Prolonging Drugs

The concomitant use of MINT-TRAMADOL/ACET with QTc interval-prolonging drugs should be avoided. Drugs that have been associated with QTc interval prolongation and/or torsade de pointes include, but are not limited to, the examples in the following list.

Chemical/pharmacological classes are listed if some, although not necessarily all, class members have been implicated in QTc interval prolongation and/or torsade de pointes:

- Class IA antiarrhythmics (e.g., quinidine, procainamide, disopyramide)
- Class III antiarrhythmics (e.g., amiodarone, sotalol, ibutilide, dronedarone)
- Class 1C antiarrhythmics (e.g., flecainide, propafenone)
- antipsychotics (e.g., chlorpromazine, pimozide, haloperidol, droperidol, ziprasidone, risperidone)

- antidepressants (e.g., fluoxetine, citalopram, venlafaxine, tricyclic/tetracyclic antidepressants [e.g., amitriptyline, imipramine, maprotiline])
- opioids (e.g., methadone)
- macrolide antibiotics and analogues (e.g., erythromycin, clarithromycin, azithromycin, tacrolimus)
- quinolone antibiotics (e.g., moxifloxacin, levofloxacin, ciprofloxacin)
- pentamidine
- antimalarials (e.g., quinine, chloroquine)
- azole antifungals (e.g., ketoconazole, fluconazole, voriconazole)
- domperidone
- 5-hydroxytryptamine (5-HT)₃ receptor antagonists (e.g., ondansetron)
- tyrosine kinase inhibitors (e.g., sunitinib, nilotinib, ceritinib, vandetanib)
- arsenic trioxide
- histone deacetylase inhibitors (e.g., vorinostat)
- beta-2 adrenoceptor agonists (e.g., salmeterol, formoterol)

Drugs that Affect Electrolytes

The use of MINT-TRAMADOL/ACET with drugs that can decrease electrolyte levels should be avoided to the extent possible. Drugs that can decrease electrolyte levels include, but are not limited to, the following:

- loop, thiazide, and related diuretics
- laxatives and enemas
- amphotericin B
- high-dose corticosteroids
- proton pump inhibitors

The above list of potentially interacting drugs is not comprehensive. Current information sources should be consulted for newly approved drugs that prolong the QTc interval or decrease electrolytes, as well as for older drugs for which these effects have recently been established. (See **WARNINGS AND PRECAUTIONS, Cardiovascular; ADVERSE REACTIONS, Other Clinically Significant Adverse Experiences Previously Reported in Clinical Trials or Post-Marketing Reports with Tramadol; ACTION AND CLINICAL PHARMACOLOGY, Cardiac Electrophysiology**).

Drug-Food Interactions

When MINT-TRAMADOL/ACET was administered with food, the time to peak plasma concentration was delayed for approximately 35 minutes for tramadol and almost one hour for acetaminophen. However, peak plasma concentration and the extent of absorption of either tramadol or acetaminophen were not affected. The clinical significance of this difference is unknown.

Drug-Lifestyle Interactions

The concomitant use of alcohol should be avoided (see **WARNINGS AND PRECAUTIONS,**

Serious Warnings and Precautions Box).

DOSAGE AND ADMINISTRATION

MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride) should only be used in patients for whom alternative treatment options are ineffective or not tolerated (e.g., non-opioid analgesics).

MINT-TRAMADOL/ACET must be swallowed whole. Cutting, breaking, crushing, chewing, or dissolving MINT-TRAMADOL/ACET can lead to dangerous adverse events including death (see WARNINGS AND PRECAUTIONS).

For acute pain, it is recommended that MINT-TRAMADOL/ACET be used for a maximum of 7 days at the lowest dose that provides adequate pain relief.

All doses of opioids carry an inherent risk of fatal or non-fatal adverse events. This risk is increased with higher doses. For the management of chronic non-cancer, non-palliative pain, it is recommended that a maximum daily dosage of 300 mg (50 morphine milligram equivalent) of MINT-TRAMADOL/ACET not be exceeded. Each patient should be assessed for their risk prior to prescribing MINT-TRAMADOL/ACET, as the likelihood of experiencing serious adverse events can depend upon the type of opioid, duration of treatment, level of pain as well as the patient's own level of tolerance. In addition, the level of pain should be assessed routinely to confirm the most appropriate dose and the need for further use of MINT-TRAMADOL/ACET (see Recommended Dose and Dosage Adjustment below).

Dosing Considerations

MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride) tablets should only be used during post-operative period in patients that can take oral medications (see **WARNINGS AND PRECAUTIONS, Peri-operative Considerations**).

MINT-TRAMADOL/ACET is not indicated for rectal administration.

Do not co-administer MINT-TRAMADOL/ACET tablets with other acetaminophen- or tramadol-containing products.

MINT-TRAMADOL/ACET may be taken with or without food.

The maximum recommended dose of MINT-TRAMADOL/ACET should not be exceeded. The lowest effective dose should be used for the shortest period of time consistent with individual patient treatment goals.

Tramadol is converted to the active M1 metabolite by CYP2D6, hence its safety and efficacy is controlled by CYP2D6 activity, which has a high degree of variability in humans (see **ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions, Race**). Levels of CYP2D6 activity have been associated with outcomes from tramadol administration that range from an absence of effect to responses with the potential of serious medical consequences (see **WARNINGS AND PRECAUTIONS, Respiratory** and **DRUG INTERACTIONS,**

Overview).

Recommended Dose and Dosage

Adjustment Adults

For the management of pain, the recommended dose of MINT-TRAMADOL/ACET is 1 or 2 tablets every 4 to 6 hours as needed for pain relief up to a maximum of 8 tablets per day.

Patients with Hepatic Impairment: MINT-TRAMADOL/ACET is contraindicated in patients with severe hepatic impairment (see **CONTRAINDICATIONS**).

Patients with Renal Impairment: MINT-TRAMADOL/ACET is contraindicated in patients with severe renal impairment (see **CONTRAINDICATIONS**).

Dose Titration:

Dose titration is the key to success with opioid analgesic therapy. **Proper optimization of doses scaled to the relief of the individual's pain should aim at administration of the lowest dose which will achieve the overall treatment goal of satisfactory pain relief with acceptable side effects.**

Dosage adjustments should be based on the patient's clinical response.

Geriatrics:

Respiratory depression has occurred in the elderly following administration of large initial doses of opioids to patients who were not opioid-tolerant or when opioids were co-administered with other agents that can depress respiration. MINT-TRAMADOL/ACET should be initiated at a low dose and slowly titrated to effect (see **WARNINGS AND PRECAUTIONS** and **ACTION AND CLINICAL PHARMACOLOGY**).

Pediatric Use:

The safety and effectiveness of MINT-TRAMADOL/ACET has not been studied in the pediatric population. Therefore, use of MINT-TRAMADOL/ACET is not recommended in patients under 18 years of age.

Use with Non-Opioid Medications:

If a non-opioid analgesic is being provided, it may be continued. If the non-opioid is discontinued, consideration should be given to increasing the opioid dose to compensate for the non-opioid analgesic. MINT-TRAMADOL/ACET can be safely used concomitantly with usual doses of other non-opioid analgesics.

Management of Patients Requiring Rescue Medication:

If MINT-TRAMADOL/ACET is used as rescue medication in conjunction with extended-release tramadol tablets, the total daily dose of tramadol should not exceed 300 mg (8 tablets). Fentanyl products should not be used as rescue medication in patients taking MINT-TRAMADOL/ACET.

Adjustment or Reduction of Dosage:

Physical dependence with or without psychological dependence tends to occur with chronic administration of opioids, including MINT-TRAMADOL/ACET. Withdrawal (abstinence)

symptoms may occur following abrupt discontinuation of therapy. These symptoms may include body aches, diarrhea, gooseflesh, loss of appetite, nausea, nervousness or restlessness, runny nose, sneezing, tremors or shivering, stomach cramps, tachycardia, trouble with sleeping, unusual increase in sweating, palpitations, unexplained fever, weakness and yawning. Do not stop use of MINT-TRAMADOL/ACET abruptly (see **WARNINGS AND PRECAUTIONS, Dependence/Tolerance**).

Following successful relief of moderate to severe pain, periodic attempts to reduce the opioid dose should be made. Smaller doses or complete discontinuation may become feasible due to a change in the patient's condition or mental state. Patients on prolonged therapy should be withdrawn gradually from the drug if it is no longer required for pain control. In patients who are appropriately treated with opioid analgesics and who undergo gradual withdrawal for the drug, these symptoms are usually mild (see **WARNINGS AND PRECAUTIONS**). Tapering should be carried out under medical supervision.

Patient should be informed that reducing and/or discontinuing opioids decreases their tolerance to these drugs. If treatment needs to be re-initiated, the patient must start at the lowest dose and titrate up to avoid overdose.

Disposal

MINT-TRAMADOL/ACET should be kept in a safe place, out of the sight and reach of children before, during and after use. MINT-TRAMADOL/ACET should not be used in front of children, since they may copy these actions.

MINT-TRAMADOL/ACET should never be disposed of in household trash. Disposal via a pharmacy take-back program is recommended. Unused or expired MINT-TRAMADOL/ACET should be properly disposed of as soon as it is no longer needed to prevent accidental exposure to others, including children or pets. If temporary storage is required before disposal, a sealed child-proof container, such as a biohazard waste container or a lockable medication box could be obtained from a pharmacy.

Missed Dose

If the patient forgets to take one or more doses, they should take their next dose at the next scheduled time and in the normal amount.

OVERDOSAGE

For management of a suspected drug overdose, contact your regional Poison Control Centre immediately, even if there are no symptoms.

MINT-TRAMADOL/ACET is a combination product. The clinical presentation of overdose may include the signs and symptoms of tramadol toxicity, acetaminophen toxicity or both.

Accidental ingestion

Accidental ingestion of tramadol can result in respiratory depression and seizures due to an overdose of tramadol. Respiratory depression and seizures have been reported in a

child following ingestion of a single tablet.
Fatalities due to tramadol overdose have also been reported.

Symptoms:

Tramadol

Serious potential consequences of overdosage are respiratory depression, serotonin syndrome, hyponatremia, lethargy, coma, seizure, cardiac arrest and death. In addition, cases of QT prolongation have been reported during overdose.

Fatalities have been reported in post-marketing in association with both intentional and unintentional overdose with tramadol. The initial symptoms of tramadol overdosage may include respiratory depression and/or seizures. In treating an overdose, primary attention should be given to maintaining adequate ventilation along with general supportive treatment.

Acetaminophen

Serious potential consequences of overdosage with acetaminophen are hepatic centrilobular necrosis, leading to hepatic failure and death. Renal tubular necrosis, hypoglycemia and coagulation defects also may occur. The initial symptoms seen within the first 24 hours following an acetaminophen overdose are: gastrointestinal irritability, anorexia, nausea, vomiting, malaise, pallor and diaphoresis. Clinical and laboratory evidence of hepatic toxicity may not be apparent until 48 to 72 hours post-ingestion. Emergency help should be sought immediately and treatment initiated immediately if overdose is suspected, even if symptoms are not apparent.

Treatment:

A single or multiple overdose with MINT-TRAMADOL/ACET may be a potentially lethal polydrug overdose, and consultation with a regional poison control centre is recommended. The stomach should be emptied promptly and vigorous supportive therapy is required in severe intoxication.

In treating an overdose of MINT-TRAMADOL/ACET, primary attention should be given to maintaining adequate ventilation along with general supportive treatment. Hypotension is usually hypovolemic in etiology and should respond to fluids. Supportive measures (including oxygen and vasopressors) should be employed in the management of circulatory shock and pulmonary edema accompanying overdose as indicated. Cardiac arrest or arrhythmias may require cardiac massage or defibrillation. Intubation should be considered before gastric lavage of the unconscious patient and when necessary, to provide assisted respiration.

While naloxone will reverse some, but not all, symptoms caused by overdosage with tramadol, the risk of seizures is also increased with naloxone administration. In animals, convulsions following the administration of toxic doses of tramadol could be suppressed with barbiturates or benzodiazepines, but were increased with naloxone. Naloxone administration did not change the lethality of an overdose in mice. Based on experience with tramadol, hemodialysis is not expected to be helpful in an overdose because it removes less than 7% of the administered dose in a 4-hour dialysis period.

In the treatment of acetaminophen overdosage, gastric decontamination should be administered just prior to acetaminophen antidote N-acetylcysteine (NAC) to decrease systemic absorption if acetaminophen ingestion is known or suspected to have occurred within a few hours of presentation. Serum acetaminophen levels should be obtained immediately if the patient presents 4 or more hours after ingestion to assess potential risk of hepatotoxicity; acetaminophen levels drawn less than 4 hours post-ingestion may be misleading. The antidote NAC should be administered as soon as possible by intravenous or oral route of administration.

ACTION AND CLINICAL PHARMACOLOGY

Mechanism of Action

Tramadol

Tramadol is a centrally acting synthetic opioid analgesic. Although its mode of action is not completely understood, from animal tests, at least two complementary mechanisms appear applicable: binding of parent and M1 metabolite to μ -opioid receptors and weak inhibition of reuptake of norepinephrine and serotonin.

Opioid activity is due to both low affinity binding of the parent compound and higher affinity binding of the O-demethylated metabolite M1 to μ -opioid receptors. In animal models, M1 is up to 6 times more potent than tramadol in producing analgesia and 200 times more potent in μ -opioid binding. Tramadol-induced analgesia is only partially antagonized by the opiate antagonist naloxone in several animal tests. The relative contribution of both tramadol and M1 to human analgesia is dependent upon the plasma concentrations of each compound (see

Pharmacokinetics).

Tramadol has been shown to inhibit reuptake of norepinephrine and serotonin in vitro, as have some other opioid analgesics. These mechanisms may contribute independently to the overall analgesic profile of tramadol.

Apart from analgesia, tramadol administration may produce a constellation of symptoms (including dizziness, somnolence, nausea, constipation, sweating and pruritus) similar to that of opioids. In contrast to morphine, tramadol has not been shown to cause histamine release. At therapeutic doses, tramadol has no effect on heart rate, left-ventricular function or cardiac index. Orthostatic hypotension has been observed.

Acetaminophen

Acetaminophen is a non-opiate, non-salicylate analgesic.

Tramadol/Acetaminophen Combination

When evaluated in a standard animal model, the combination of tramadol and acetaminophen exhibited a synergistic effect. That is, when tramadol and acetaminophen were administered together, significantly less of each drug was needed to produce a given analgesic effect than would be expected if their effects were merely additive. Tramadol reaches peak activity in 2 to 3 hours with a prolonged analgesic effect, so that its combination with acetaminophen, a rapid-onset, short-acting analgesic agent, provides substantial benefit to patients over either

component alone.

Pharmacodynamics

Central Nervous System:

Tramadol produces respiratory depression by direct action on brain stem respiratory centres. The respiratory depression involves both a reduction in the responsiveness of the brain stem centres to increases in CO₂ tension and to electrical stimulation.

Tramadol depresses the cough reflex by direct effect on the cough centre in the medulla. Antitussive effects may occur with doses lower than those usually required for analgesia.

Tramadol causes miosis, even in total darkness. Pinpoint pupils are a sign of opioid overdose but are not pathognomonic (e.g., pontine lesions of hemorrhagic or ischemic origin may produce similar findings). Marked mydriasis rather than miosis may be seen with hypoxia in the setting of oxycodone overdose.

Gastrointestinal Tract and Other Smooth Muscle:

Tramadol causes a reduction in motility associated with an increase in smooth muscle tone in the antrum of the stomach and duodenum. Digestion of food in the small intestine is delayed and propulsive contractions are decreased. Propulsive peristaltic waves in the colon are decreased, while tone may be increased to the point of spasm resulting in constipation. Other opioid-induced effects may include a reduction in gastric, biliary and pancreatic secretions, spasm of the sphincter of Oddi, and transient elevations in serum amylase.

Endocrine System:

Opioids may influence the hypothalamic-pituitary-adrenal or -gonadal axes. Some changes that can be seen include an increase in serum prolactin, and decreases in plasma cortisol and testosterone. Clinical signs and symptoms may be manifest from these hormonal changes.

Immune System:

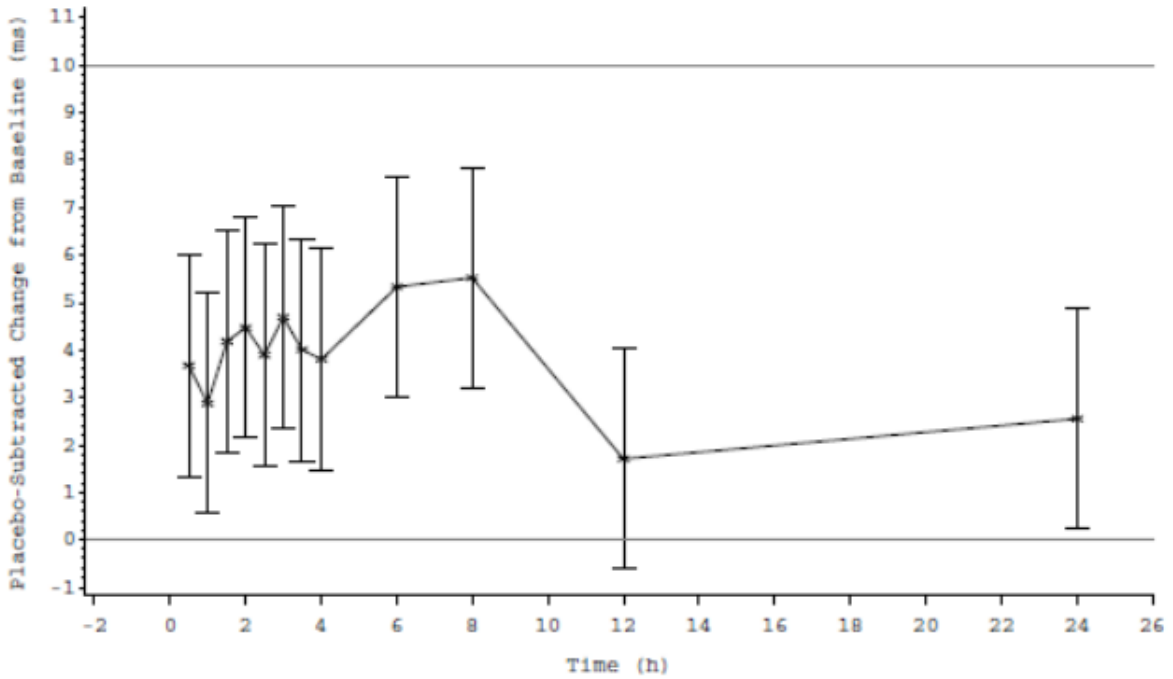
In vitro and animal studies indicate that opioids have a variety of effects on immune functions, depending on the context in which they are used. The clinical significance of these findings is unknown.

Cardiac Electrophysiology: In a randomized, double-blind, 4-way crossover, placebo- and positive-controlled, multiple dose ECG assessment study in healthy subjects (N=62), the following tramadol treatments were tested: A) 100 mg every 6 h on days 1-3 (400 mg/day), with a single 100 mg dose on day 4 and B) 150 mg every 6 h (600 mg/day) on days 1-3, with a single 150 mg dose on day 4. The maximum dose for MINT-TRAMADOL/ACET is 8 tablets per day or 300 mg of tramadol/day. In both treatment arms, the maximum difference from placebo in the mean change from baseline QTcF interval occurred at the 8 h time point: 5.5 ms (90% CI 3.2, 7.8) in the 400 mg/day treatment arm and 6.5 ms (90% CI 4.1, 8.8) in the 600 mg/day mg treatment arm. Both treatment groups were within the 10 ms threshold for QT prolongation (see **WARNINGS AND PRECAUTIONS, Cardiovascular; ADVERSE REACTIONS, Other Clinically Significant Adverse Experiences Previously Reported in Clinical Trials or Post-**

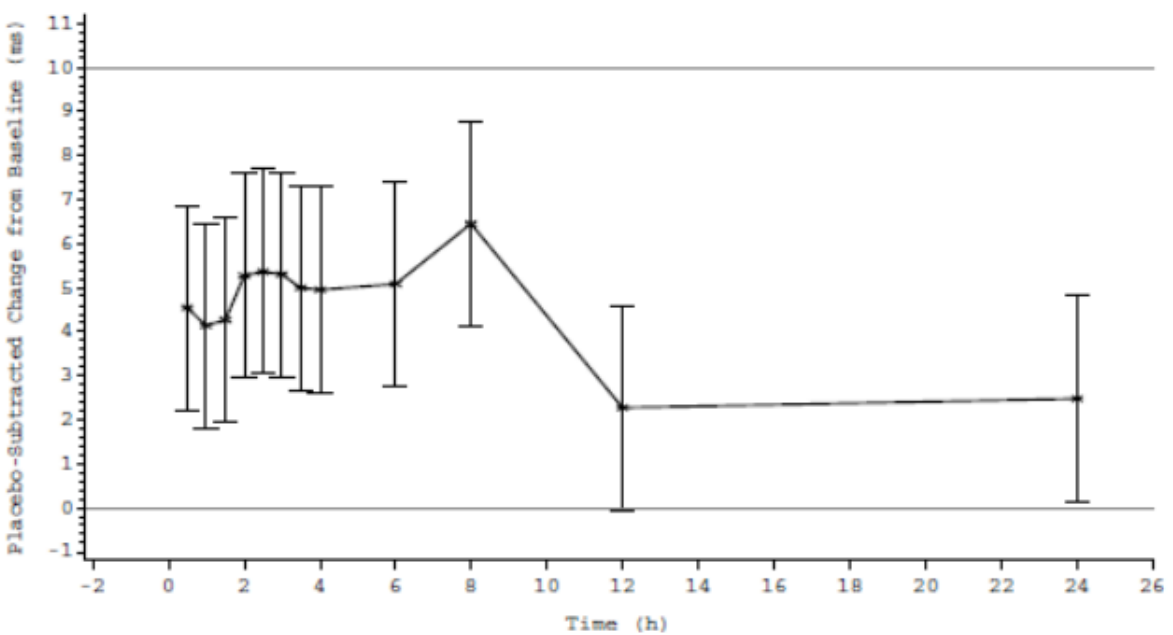
Marketing Reports with Tramadol; DRUG INTERACTIONS, QTc Interval-Prolonging Drugs; DOSAGE AND ADMINISTRATION, Recommended Dose and Dosage Adjustment; OVERDOSAGE).

**Least-Squares Mean Differences in QTc F ($\Delta\Delta$ QTc F) (90% Confidence Intervals)
Between Tramadol HCl Treatments and Placebo
(Study TRAMPAl1003: Pharmacodynamic Analysis Set)**

T400



T600



HCl = Hydrochloride.

T400 (Treatment A): 100 mg tramadol HCl every 6 hours (400 mg/day) on Days 1 to 3, and a single 100 mg dose on Day 4.

T600 (Treatment B): 150 mg tramadol HCl every 6 hours (600 mg/day) on Days 1 to 3, and a single 150 mg dose on Day 4.

Cross-reference: Figure 14.3.3.1.1 and Figure 14.3.3.1.2

Concentration – Efficacy Relationships

The minimum effective analgesic concentration will vary widely among patients, especially among patients who have been previously treated with potent opioid agonists. The minimum effective analgesic concentration of tramadol for any individual patient may increase over time due to an increase in pain, the development of a new pain syndrome and/or the development of analgesic tolerance.

Concentration – Adverse Reaction Relationship

There is a relationship between increasing tramadol plasma concentration and increasing frequency of dose-related opioid adverse reactions such as nausea, vomiting, CNS effects, and respiratory depression. In opioid-tolerant patients, the situation may be altered by the development of tolerance to opioid-related adverse reactions (see **DOSAGE AND ADMINISTRATION**).

Pharmacokinetics

Tramadol

Tramadol is administered as a racemate and both the (-) and (+) forms of both tramadol and M1 are detected in the circulation. The pharmacokinetics of plasma tramadol and acetaminophen following oral administration of one tablet are shown in Table 1.3. Tramadol has a slower absorption and longer half-life when compared to acetaminophen.

Table 1.3: Summary of Mean (\pm SD) Pharmacokinetic Parameters of the (+) and (-) Enantiomers of Tramadol and M1, and Acetaminophen Following a Single Oral Dose of One Tramadol/Acetaminophen Combination Tablet (37.5 mg/325 mg) in Volunteers

| Parameter ^a | (+)-Tramadol | (-)-Tramadol | (+)-M1 | (-)-M1 | acetaminophen |
|--------------------------|--------------|--------------|------------|------------|---------------|
| C _{max} (ng/mL) | 64.3 (9.3) | 55.5 (8.1) | 10.9 (5.7) | 12.8 (4.2) | 4.2 (0.8) |
| t _{max} (h) | 1.8(0.6) | 1.8(0.7) | 2.1 (0.7) | 2.2 (0.7) | 0.9 (0.7) |
| CL/F (mL/min) | 588(226) | 736(244) | — | — | 365 (84) |
| t _{1/2} (h) | 5.1(1.4) | 4.7(1.2) | 7.8 (3.0) | 6.2 (1.6) | 2.5 (0.6) |

^a For acetaminophen, C_{max} was measured as μ g/mL.

A single dose pharmacokinetic study of acetaminophen and tramadol hydrochloride tablets in volunteers showed no drug interactions between tramadol and acetaminophen. Upon multiple oral dosing to steady state, however, the bioavailability of tramadol and metabolite M1 was

lower for the combination tablets compared to tramadol administered alone. The decrease in AUC was 14% for (+)-tramadol, 10.4% for (-)-tramadol, 11.9% for (+)-M1 and 24.2% for (-)-M1. The cause of this reduced bioavailability is not clear. Following single or multiple dose administration of acetaminophen and tramadol hydrochloride tablets, no significant change in acetaminophen pharmacokinetics was observed when compared to acetaminophen given alone.

Absorption

The absolute bioavailability of tramadol from acetaminophen and tramadol hydrochloride tablets has not been determined. Tramadol hydrochloride has a mean absolute bioavailability of approximately 75% following administration of a single 100 mg oral dose of tramadol HCl tablets. The mean peak plasma concentration of racemic tramadol and M1 after administration of two acetaminophen and tramadol hydrochloride tablets occurs at approximately two and three hours, respectively, post-dose.

Peak plasma concentrations of acetaminophen occur within one hour and are not affected by co-administration with tramadol. Oral absorption of acetaminophen following administration of acetaminophen and tramadol hydrochloride tablets occurs primarily in the small intestine.

Food Effects

When acetaminophen and tramadol hydrochloride tablets was administered with food, the time to peak plasma concentration was delayed for approximately 35 minutes for tramadol and almost one hour for acetaminophen. However, peak plasma concentration and the extent of absorption of either tramadol or acetaminophen were not affected. The clinical significance of this difference is unknown.

Distribution

The volume of distribution of tramadol was 2.6 and 2.9 L/kg in male and female subjects, respectively, following a 100 mg intravenous dose. The binding of tramadol to human plasma proteins is approximately 20%, and binding also appears to be independent of concentration up to 10 mcg/mL. Saturation of plasma protein binding occurs only at concentrations outside the clinically relevant range.

Acetaminophen appears to be widely distributed throughout most body tissues except fat. Its apparent volume of distribution is about 0.9 L/kg. A relatively small portion (~ 20%) of acetaminophen is bound to plasma protein.

Metabolism

Following oral administration, tramadol is extensively metabolized by a number of pathways, including CYP2D6 and CYP3A4, as well as by conjugation of parent and metabolites. Approximately 30% of the dose is excreted in the urine as unchanged drug, whereas 60% of the dose is excreted as metabolites. The major metabolic pathways appear to be *N*- and *O*-demethylation and glucuronidation or sulfation in the liver. Metabolite M1 (*O*-desmethyltramadol) is pharmacologically active in animal models.

Patients who are CYP2D6 ultra-rapid metabolizers convert tramadol to its active metabolite (M1) more rapidly and completely than other patients.

Conversely, some patients are CYP2D6 poor metabolizers of tramadol, or other drugs (e.g., debrisoquine, dextromethorphan, and tricyclic antidepressants) (see **Special Populations and Conditions, Race**).

Based on a population PK analysis of Phase I studies in healthy subjects, concentrations of tramadol were approximately 20% higher in “CYP2D6 poor metabolizers” versus “extensive CYP2D6 metabolizers”, while M1 concentrations were 40% lower. In vitro drug interaction studies in human liver microsomes indicate that inhibitors of CYP2D6 such as fluoxetine and its metabolite norfluoxetine, amitriptyline and quinidine inhibit the metabolism of tramadol to various degrees. The full pharmacological impact of these alterations in terms of either efficacy or safety is unknown. Concomitant use of serotonin reuptake inhibitors and MAO inhibitors may enhance the risk of adverse events, including seizure and serotonin syndrome (see **WARNINGS AND PRECAUTIONS**).

Acetaminophen

Acetaminophen is primarily metabolized in the liver by first-order kinetics and involves three principal separate pathways:

- a. conjugation with glucuronide;
- b. conjugation with sulfate; and
- c. oxidation via the cytochrome, P450-dependent, mixed-function oxidase enzyme pathway to form a reactive intermediate metabolite, which conjugates with glutathione and is then further metabolized to form cysteine and mercapturic acid conjugates. The principal cytochrome P450 isoenzyme involved appears to be CYP2E1, with CYP1A2 and CYP3A4 additional pathways.

In adults, the majority of acetaminophen is conjugated with glucuronic acid and, to a lesser extent, with sulfate. These glucuronide-, sulfate- and glutathione-derived metabolites lack biologic activity. In premature infants, newborns and young infants, the sulfate conjugate predominates.

Excretion

Tramadol is eliminated primarily through metabolism by the liver and the metabolites are eliminated primarily by the kidneys. The plasma elimination half-lives of racemic tramadol and M1 are approximately 5-6 and 7 hours, respectively, after administration of acetaminophen and tramadol hydrochloride tablets. The apparent plasma elimination half-life of racemic tramadol increased to 7-9 hours upon multiple dosing of acetaminophen and tramadol hydrochloride tablets.

The half-life of acetaminophen is about 2 to 3 hours in adults. It is somewhat shorter in children and somewhat longer in neonates and in cirrhotic patients. Acetaminophen is eliminated from the body primarily by formation of glucuronide and sulfate conjugates in a dose-dependent manner. Less than 9% of acetaminophen is excreted unchanged in the urine.

Special Populations and Conditions

Pediatrics: Individuals under 18 years of age should not take MINT-TRAMADOL/ACET tablets.

The pharmacokinetics of MINT-TRAMADOL/ACET tablets have not been studied in pediatric patients below 18 years of age.

Geriatrics

A population pharmacokinetic analysis of data obtained from a clinical trial in patients with chronic pain treated with acetaminophen and tramadol hydrochloride tablets which included 55 patients between 65 and 75 years of age and 19 patients over 75 years of age, showed no significant changes in pharmacokinetics of tramadol and acetaminophen in elderly patients with normal renal and hepatic function.

Gender

Tramadol clearance was 20% higher in female subjects compared to males on four Phase I studies of acetaminophen and tramadol hydrochloride tablets in 50 male and 34 female healthy subjects. The clinical significance of this difference is unknown.

Race:

Some patients are CYP2D6 ultra-rapid metabolizers of tramadol due to a specific genotype. These individuals convert tramadol into its active metabolite, M1, more rapidly and completely than other people leading to higher-than-expected serum M1 levels. The prevalence of this CYP2D6 phenotype varies widely and has been estimated at 0.5 to 1% in Chinese, Japanese and Hispanics, 1 to 10% in Caucasians, 3% in African Americans, and 16 to 28% in North Africans, Ethiopians, and Arabs. Data are not available for other ethnic groups (see **WARNINGS AND PRECAUTIONS, Respiratory, Special Populations, Labour, Delivery and Nursing Women**).

In contrast, some patients exhibit the CYP2D6 poor metabolizer phenotype and do not convert tramadol to the active M1 metabolite sufficiently to benefit from the analgesic effect of the drug (see **DRUG INTERACTIONS, Overview**). The prevalence of this CYP2D6 phenotype is about 5-10 percent in Caucasians and 1 percent of Asians.

Hepatic Impairment:

The pharmacokinetics and tolerability of MINT-TRAMADOL/ACET in patients with impaired hepatic function has not been studied. Since tramadol and acetaminophen are both extensively metabolized by the liver, the use of MINT-TRAMADOL/ACET in patients with hepatic impairment is not recommended (see **CONTRAINDICATIONS** and **WARNINGS AND PRECAUTIONS, Hepatic**).

Renal Impairment

The pharmacokinetics of MINT-TRAMADOL/ACET in patients with renal impairment have not been studied. Based on studies using tramadol alone, excretion of tramadol and metabolite M1 is reduced in patients with creatinine clearance of less than 30 mL/min. The total amount of tramadol and M1 removed during a 4-hour dialysis period is less than 7% of the administered dose based on studies using tramadol alone. MINT-TRAMADOL/ACET is contraindicated in

patients with severe renal impairment (see **CONTRAINDICATIONS, WARNINGS AND PRECAUTIONS, Renal**).

STORAGE AND STABILITY

Store at room temperature (15°C – 30°C). Keep out of the sight and reach of children.

Because of the risks associated with accidental ingestion, misuse, and abuse, advise patients to store MINT-TRAMADOL/ACET securely.

SPECIAL HANDLING INSTRUCTIONS

MINT-TRAMADOL/ACET should never be thrown into household trash, where children and pets may find it. It should be returned to a pharmacy for proper disposal.

DOSAGE FORMS, COMPOSITION AND PACKAGING

Composition:

MINT-TRAMADOL/ACET tablets combine two centrally acting analgesics, tramadol and acetaminophen. The light yellow, capsule shaped, biconvex film coated tablets are embossed with 'C8' on one side and plain on other side. Each tablet contains 37.5 mg tramadol hydrochloride and 325 mg acetaminophen as the active ingredients. Inactive ingredients are Hydroxyl propyl methyl cellulose, titanium dioxide, polyethylene glycol, iron oxide yellow, polysorbate 80, Pregelatinized starch, Powdered cellulose, Sodium starch glycolate, Maize starch and Magnesium stearate.

Packaging:

MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride tablets) are available in the bottles of 100's and blisters containing 60 tablets/ carton.

PART II: SCIENTIFIC INFORMATION

PHARMACEUTICAL INFORMATION

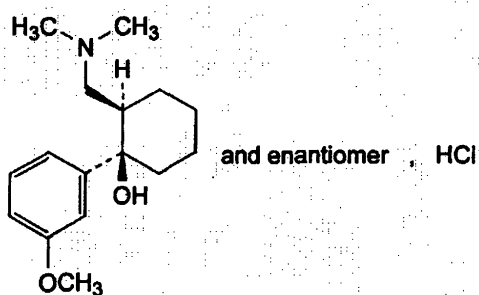
Drug Substance

Proper name: tramadol hydrochloride

Chemical name: (\pm)*cis*-2-[(dimethylamino)methyl]-1-(3-methoxyphenyl)
cyclohexanol hydrochloride

Molecular formula and molecular mass: $C_{16}H_{25}NO_2 \cdot HCl$ and 299.84 g/mol

Structural formula:



Physicochemical properties: Tramadol hydrochloride is a white to off-white, crystalline, odourless powder with a melting point between 180-183°C.

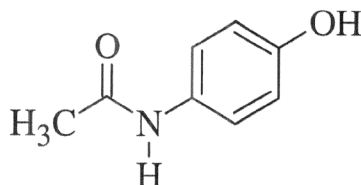
Drug Substance

Proper name: acetaminophen

Chemical name: *N*-(4-hydroxyphenyl)-Acetamide

Molecular formula and molecular mass: $C_8H_9NO_2$ and 151.16 g/mol

Structural formula:



Physicochemical properties: Acetaminophen occurs as a white, odourless powder with a melting point between 168–172°C.

CLINICAL TRIALS

Comparative Bioavailability Studies

A randomized, blinded, two-treatment, two-period, two-sequence, crossover, balanced, single oral dose, bioequivalence study of MINT-TRAMADOL/ACET (37.5mg Tramadol Hydrochloride / 325mg Acetaminophen) Tablets of Mint Pharmaceuticals Inc., with ^{Pr}Tramacet* (37.5 mg Tramadol hydrochloride / 325 mg Acetaminophen) Tablets of Janssen-Ortho Inc., Canada, in normal, healthy, adult, male and female human subjects under fasting condition (n=32).

SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA

| <p style="text-align: center;">Tramadol (A single 37.5 mg/325 mg dose: 1 x 37.5 mg/325 mg) From measured data uncorrected for potency Geometric Mean Arithmetic Mean (CV %)</p> | | | | |
|--|----------------------------|-------------------------------|----------------------------|--------------------------|
| Parameter | Test* | Reference† | % Ratio of Geometric Means | 90 % Confidence Interval |
| AUC _{0-t} (ng*hr/mL) | 1223.56 1280.53 (31.25) | 1205.37 1255.06 (27.37) | 101.51 | 98.17-104.97 |
| C _{max} (ng/mL) | 133.54 136.28 (21.64) | 136.00 138.44 (17.16) | 98.19 | 94.45-102.08 |
| T _{max} § (h) | 2.25 (0.75-3.50) | 1.88 (0.75-4.00) | | |
| T _{1/2} € (hrs) | 7.35 (18.01) | 7.13 (19.99) | | |

* MINT-TRAMADOL/ACET of Mint Pharmaceuticals Inc., Canada.

† Tramacet is manufactured by Janssen-Ortho (Canada) and was purchased in Canada.

§ Expressed as the median (range) only

€ Expressed as the arithmetic mean (CV %) only

SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA

| <p style="text-align: center;">Acetaminophen (A single 37.5 mg/325 mg dose: 1 x 37.5 mg/325 mg) From measured data uncorrected for potency Geometric Mean Arithmetic Mean (CV %)</p> | | | | |
|---|---------------------|---------------------|----------------------------|--------------------------|
| Parameter | Test* | Reference† | % Ratio of Geometric Means | 90 % Confidence Interval |
| AUC _{0-t} (ng*hr/mL) | 19713.27 | 19707.87 | 100.03 | 97.01-103.14 |
| | 20793.53 (35.65) | 20582.13 (32.34) | | |
| C _{max} (ng/mL) | 5024.23 | 4844.59 | 103.71 | 94.48-113.83 |
| | 5196.83 (27.27) | 5033.45 (28.40) | | |
| T _{max} § (h) | 0.63 (0.25-3.50) | 1.00 (0.25-2.75) | | |
| T _{1/2} € (hrs) | 3.42 (21.88) | 3.39 (29.00) | | |

* MINT-TRAMADOL/ACET of Mint Pharmaceuticals Inc., Canada.

† Tramacet is manufactured by Janssen-Ortho (Canada) and was purchased in Canada.

§ Expressed as the median (range) only

€ Expressed as the arithmetic mean (CV %) only

Single Dose Studies

In the double-blind, placebo- and active-controlled, parallel-group, single-dose, factorial design studies, two tablets of acetaminophen and tramadol hydrochloride tablets administered to patients with pain following oral surgical procedures provided greater relief than placebo or either of the individual components given at the same dose. The onset of pain relief after acetaminophen and tramadol hydrochloride tablets was faster than tramadol alone.

Onset of analgesia occurred in less than one hour. The duration of pain relief after acetaminophen and tramadol hydrochloride tablets was longer than acetaminophen alone.

Analgesia was generally comparable to that of the comparator, ibuprofen. In another single dose study of subjects experiencing pain following an oral surgical procedure, there was a statistically significant dose response for pain relief over placebo, 37.5 mg tramadol HCl/325 mg acetaminophen, and 75 mg tramadol HCl/650 mg acetaminophen.

Studies for Treatment of Acute Pain

CAPSS-105 evaluated the safety and efficacy of acetaminophen and tramadol hydrochloride tablets in the treatment of a painful flare of osteoarthritis of the knee or hip. All 308 randomized

subjects were included in the Intent-to-Treat population and in the Evaluation-for-Safety population. Of these subjects, 197 were randomized to tramadol HCl/acetaminophen (102 to 37.5 mg tramadol HCl/325 mg acetaminophen; 95 to 75 mg tramadol HCl/650 mg acetaminophen for the initial dose); and 111 were randomized to placebo. The treatment groups were similar with regard to demographic characteristics such as gender and age. The majority of subjects designated the knee (77.9%) as the target joint for the study. After the initial dose, subjects received 1 to 2 tablets of 37.5 mg tramadol HCl/325 mg acetaminophen or matching placebo every 4 to 6 hours as needed. Overall, tramadol HCl/acetaminophen was more effective than placebo in helping subjects manage a painful flare of osteoarthritis. During Days 1 to 5, tramadol HCl/acetaminophen was significantly more effective than placebo in decreasing the average daily Pain Intensity Score ($p < 0.001$) and in increasing the average daily Pain Relief Score ($p < 0.001$).

CAPSS-115 compared tramadol HCl/acetaminophen and acetaminophen/codeine in subjects with post-surgical (orthopedic or abdominal) pain. Of the 306 randomized subjects, 98 were randomized to tramadol HCl/acetaminophen, 99 to placebo, and 109 to acetaminophen with codeine phosphate (30 mg). There were no clinically meaningful differences among the three treatment groups for any of the demographic or baseline characteristics. Tramadol HCl/acetaminophen was statistically superior to placebo for all three primary efficacy variables, i.e., TOTPAR (total pain relief) ($p = 0.004$), SPID (sum of pain intensity difference) ($p = 0.015$), and SPRID (sum of total pain relief and sum of pain intensity differences) ($p = 0.005$).

Studies for Treatment of Chronic Pain

Acetaminophen and tramadol hydrochloride tablets (37.5 mg tramadol HCl/325 mg acetaminophen) tablet was evaluated in three placebo-controlled studies in 960 patients with osteoarthritis of hip and knee, and lower back pain.

Each of the placebo-controlled studies started with a titration period of approximately 10 days, followed by a maintenance phase with dosing of 1 to 2 tablets (37.5 mg tramadol/325 mg acetaminophen to 75 mg tramadol/650 mg acetaminophen) every 4 to 6 hours not to exceed the maximum of 8 tablets a day. All three studies had a treatment duration of 90 days. Mean acetaminophen and tramadol hydrochloride tablets daily doses for the controlled studies ranged from 4.1 to 4.2 tablets.

Osteoarthritis Pain (CAPSS-114), Lower Back Pain (TRP-CAN-1 and CAPSS-112)

All three studies had the final pain intensity, measured by Pain Visual Analog (100 mm) Scale as the primary endpoints.

CAPSS-114

CAPSS-114 included 306 subjects who had symptomatic osteoarthritis for at least one year, and continued to experience at least moderate OA pain ($\geq 50/100$ mm on VAS) despite treatment with a stable dose of celecoxib (≥ 200 mg/day) or rofecoxib (25 mg/day) for at least 2 weeks. No pain medication or treatment other than the study drug and the COX 2 selective inhibitor was allowed during the course of the study. Acetaminophen and tramadol hydrochloride tablets treated subjects received on average 155 mg tramadol/1346 mg

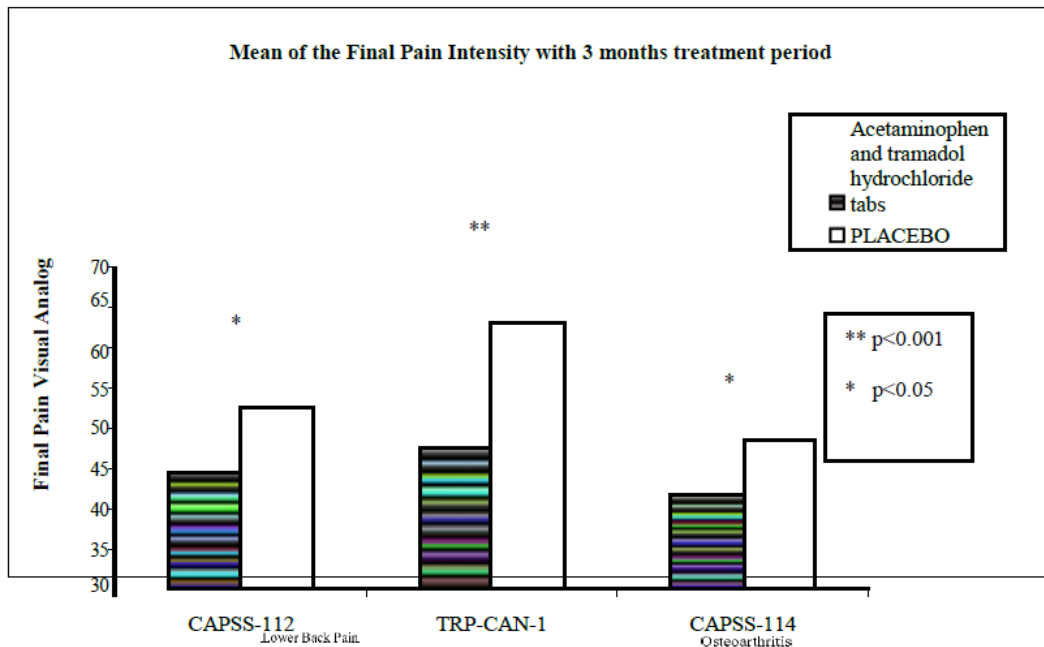
acetaminophen during the study period.

CAPSS-112 and TRP-CAN-1

CAPSS-112 and TRP-CAN-1 enrolled 654 patients with chronic lower back pain that was severe enough to have required daily medication for the previous three months, and at least moderate pain (40/100 mm) on VAS. The average acetaminophen and tramadol hydrochloride tablets daily dosages for CAPSS-112 and TRP-CAN-1 were 159 mg tramadol/1391 mg acetaminophen and 158 mg tramadol/1369 mg acetaminophen, respectively.

| Study No. | Mean Age (Range) | Primary End points | Test | Comparator |
|---------------|------------------|----------------------------|--|--------------------------|
| | | | Acetaminophen and tramadol hydrochloride tablets | Placebo |
| PRI/TRP-CAN-1 | 55.7 (22-76) | Final Pain Intensity | | |
| | | Baseline Final (100mm VAS) | 67.9±14.95 47.4±31.39 | 67.6±15.53 62.9±27.50 |
| | | | Acetaminophen and tramadol hydrochloride tablets vs Placebo, p<0.001 | |
| CAPSS-112 | 57.5 (25-82) | Final Pain Intensity | | |
| | | Baseline Final (100mm VAS) | 71.1±14.54 44.4±30.59 | 68.8±14.87 52.3±29.11 |
| | | | Acetaminophen and tramadol hydrochloride tablets vs Placebo, p=0.015 | |
| CAPSS-114 | 49.6 (19-75) | Final Pain Intensity | | |
| | | Baseline Final (100mm VAS) | 69.0±12.52 41.5±26.0 | 69.5±13.17 48.3±26.63 |
| | | | Acetaminophen and tramadol hydrochloride tablets vs Placebo, p=0.025 | |

Mean final pain intensity scores with three-month treatment period are depicted in the figure below.



DETAILED PHARMACOLOGY

Pharmacodynamics

Tramadol

Tramadol HCl, 2-[(dimethylamino)methyl]-1-(3-methoxyphenyl) cyclohexanol HCl, is a centrally acting synthetic analgesic compound. It is thought to produce its analgesic effect through at least two complementary mechanisms of action: agonist activity at the μ -opioid receptor and weak inhibition of neuronal monoamine reuptake. These dual activities are observed in studies conducted in vitro as well as in nonclinical animal models of antinociception. In studies conducted in vitro, tramadol inhibited binding to native rat μ -opioid receptor at approximately the same concentration at which it blocked the reuptake of norepinephrine and serotonin. The K_1 values for μ -opioid receptor affinity and monoamine reuptake inhibitory activities are 2.1 and $\sim 1 \mu\text{M}$, respectively. Tramadol affinities for recombinant human opioid receptors ($K_1 = 17 \mu\text{M}$) were slightly weaker than those observed at the rat receptors. Apart from analgesia, tramadol may produce a constellation of symptoms similar to that of an opioid.

Tramadol is an efficacious analgesic in a wide variety of standard analgesic models of acute, tonic, chronic, or neuropathic pain. In some of these studies, specific antagonists were used to probe the mechanism of tramadol's antinociceptive action. In contrast to the full blockade of morphine antinociception by naloxone, the antinociceptive action of tramadol in most tests is only partially blocked by naloxone. Furthermore, although the antinociception of morphine is unaffected by the α_2 -adrenergic antagonist yohimbine or the serotonergic antagonist ritanserin, each of these antagonists reduces tramadol's antinociception. These pharmacologic studies suggest the contribution of both opioid and monoamine mechanisms to tramadol antinociception.

In drug interaction studies carried out with tramadol, a substantial increase in toxicity was found after pretreatment with an MAO inhibitor, tranylcypromine. The antinociceptive effect of the compound was reduced by concomitant administration of barbiturates and atropine, and was virtually eliminated by tranylcypromine. Physostigmine potentiated the antinociceptive effect of a sub-maximal dose of tramadol. Other potential drug interactions based on enzyme induction or displacement from protein binding were thought to be unlikely with tramadol as no inductive effect on liver enzymes has been found for this agent and the protein binding is too low to induce relevant interference with the binding of other compounds.

Acetaminophen

Acetaminophen is another centrally acting analgesic. Although the exact site and mechanism of its analgesic action is not clearly defined, acetaminophen appears to produce analgesia by elevation of the pain threshold. The potential mechanism may involve inhibition of the nitric oxide pathway mediated by a variety of neurotransmitter receptors including N-methyl-D-aspartate and Substance P.

Tramadol/Acetaminophen Combination

Some combinations of analgesic agents with different mechanisms of action result in either enhanced analgesic effect or reduced side effects. The effectiveness of fixed-ratio combinations of tramadol:acetaminophen (1:1 through 1:1,600) were evaluated in a standard mouse antinociceptive test. The combination exhibited a synergistic antinociceptive effect in this model. That is, when tramadol and acetaminophen were administered together, significantly less of each drug was needed to produce a given analgesic effect than would be expected if their effects were merely additive.

Pharmacokinetics

Tramadol

Tramadol was rapidly absorbed after oral administration in the mouse, rat, and dog. In dogs, the mean absolute bioavailability of a single 20 mg/kg oral dose of tramadol (Avicel formulation in gelatin capsules) was 81.8%, with maximum plasma concentrations achieved in about one hour. Distribution of radioactivity into tissues was rapid following the intravenous administration of ¹⁴C-labelled tramadol to rats, with the highest concentration of radioactivity found in the liver. Radioactivity levels in the brain were comparable to plasma levels for the first 2 hours post-injection, demonstrating that the drug crosses the blood brain barrier. Concentrations in the kidneys, lungs, spleen, and pancreas were also higher than the serum concentration.

The major metabolic pathway was qualitatively similar for all species studied, including mouse, rat, hamster, guinea pig, rabbit, and man, and involved both Phase I (*N*- and *O*-demethylation and 4-hydroxylation; eight metabolites) and Phase II (glucuronidation or sulfation; thirteen metabolites) reactions. The primary metabolite mono-*O*-desmethyltramadol (M1) has antinociceptive activity. In biochemical studies, (±) mono-*O*-desmethyltramadol and its enantiomers each had greater affinity for opioid receptors and were less potent inhibitors of monoamine uptake than were the corresponding parent compounds.

Excretion was primarily by the renal route in the animal species studied. After oral administration, fecal excretion was approximately 13% in rats and dogs, and 80% of ¹⁴C-

labelled tramadol doses were excreted in the urine within 72 to 216 hours of dosing. Amounts of unchanged tramadol excreted in the urine were higher in man (approximately 30% of the dose) than in animals (approximately 1%).

Tramadol is a mild inducer of ethoxycoumarin deethylase activity in the mouse and dog.

Acetaminophen

Acetaminophen is rapidly and extensively absorbed from the gastrointestinal tract following an oral dose, and that absorption occurs by passive transport. Acetaminophen appears to be rapidly and uniformly distributed throughout most body fluids, except fat and cerebrospinal fluid.

Binding of acetaminophen to plasma proteins in humans is minimal under normal conditions; it is only slightly increased following overdose. Acetaminophen has been reported to bind to the plasma proteins of rats and hamsters at approximately 27 and 11%, respectively.

In most species, acetaminophen is metabolized in the liver by three distinct pathways, glucuronide conjugation, sulfate conjugation, and the hepatic cytochrome P450-dependent mixed-function oxidase system. There is, however, some variation among species in the quantities of these metabolites that can be found in the urine. Nevertheless, at low acetaminophen doses, the majority of an oral dose of acetaminophen is conjugated with glucuronic acid and/or sulfate in all species. Small amounts are oxidatively metabolized by hepatic cytochrome P450 isoforms to form the reactive alkylating metabolite *N*-acetyl-*para*-benzoquinonimine, which reacts with hepatic glutathione to form a glutathione conjugate. The glutathione conjugate is then further metabolized to cysteine and mercapturic acid conjugates which are excreted in the urine.

Although the cytochrome P450 pathway is a minor metabolic pathway, the reactive intermediate produced is believed to play an important role in acetaminophen-induced hepatotoxicity, particularly at high doses. Following large, toxic acetaminophen doses, the two main metabolic pathways become saturated, allowing more reactive metabolite to be formed, which results in a depletion of hepatic glutathione stores with subsequent hepatotoxicity resulting from the interactions of excess reactive metabolite with cellular constituents.

TOXICOLOGY

Acute Toxicity

The acute toxicity of the acetaminophen and tramadol hydrochloride combination has been examined in rat and dog. Summarized results of the three studies are presented in the following table.

Table 2.1: Acute Toxicity Studies Summary

| Species/Strain Age/B.W. | No./Sex/ Group | Route | Vehicle | Dosage Levels (mg/kg) | Lethality | Results |
|---|-------------------------|------------------|-----------------------|--|--|--|
| Rat Crl:COBS® (WI) BR Age: 7 to 8 wk B.W. Range: 161 to 220 g | 5M or 8M single dose | p.o. (gavage) | 1% aqueous HPMC | Tramadol: 150 APAP: 300 Tramadol/APAP: 150/300 Vehicle Control:1% aqueous HPMC (9 mL/kg) | No Mortality | No treatment-related mortality, clinical observations, or effects on body weight. |
| Rat Crl:CD® BR, VAF/Plus® Age: 9 wk B.W. Range: M: 236.0 to 274.5 g F: 158.5 to 180.0 g | 5 single dose | p.o. (gavage) | 0.5% Methocel | 1) Vehicle Control: 0.5% Methocel (10 mL/kg) 2) Tramadol/APAP: 100/867 215/1864 275/2384 340/2948 | 0/5 M, 0/5 F 0/5 M, 0/5 F 1/5 M, 1/5 F 2/5 M, 4/5 F 3/5 M, 4/5 F | <u>100/867.1</u> : ↓Activity, ↑salivation and nasal discharge in both sexes; ↓feces, ↑BW gain in males; urine stained coat in females. <u>215/1864.0</u> : ↓Activity, ↓feces, ↑salivation, nasal discharge, ↓respiration, urine stained coat in both sexes; ↓BW gain in males; straub tail in females <u>275/2384.3</u> : ↓Activity, ↓feces, ↑salivation, nasal discharge, ↓respiration, urine stained coat, straub tail, ↓BW gain in both sexes <u>340/2947.8</u> : ↓Activity, ↓feces, ↑salivation, nasal discharge, ↓respiration, urine stained coat, straub tail, ↓BW gain in both sexes; Fluid in stomach, distended urinary bladder, and lung discoloration were observed in some rats dying prior to scheduled necropsy. |

Table 2.1: Acute Toxicity Studies Summary (continued)

| Species/Strain | No./Sex/ Group | Route | Vehicle | Dosage Levels (mg/kg) | Lethality | Results |
|---|-------------------|------------------|------------------|--|--------------|---|
| Dog Beagle Age: 9 to 11 mo B.W. Range: 8.74 to 13.14 kg | 2 single dose | p.o. (gavage) | 0.5% Methocel | 1) Vehicle Control: 0.5% Methocel (2 mL/kg) 2) Tramadol/APAP: 15/130 20/173 40/347 60/520 | No mortality | Vehicle Control: ↑salivation in females <u>15/130.1:</u> ↑salivation in females <u>20/173.4:</u> ↑licking, ↑salivation, in males; ↓activity, fine tremor, ↑vocalization in females <u>40/346.8:</u> ↓activity, ataxia, cyanosis, ↑salivation, crusty/mucoid eye discharge in both sexes; fine tremor, coarse tremor in males; ↑vocalization, edema, reddened conjunctiva, ptosis, ↓food consumption in females <u>60/520.2:</u> ↓activity, ataxia, ↑licking, ↑vocalization, cyanosis, ↑salivation, edema, reddened conjunctiva, crusty/mucoid eye discharge, dyspnea, and coarse tremor in both sexes; ptosis, clonic convulsion in males; ↑muscle tone, ↓food consumption in females |

APAP = acetaminophen; B.W. = body weight; HPMC = hydroxypropylmethylcellulose; M = male; F = female; mo = month; p.o. = oral; wk = week; ↑ = increased; ↓ = decreased

Long-Term Toxicity

Multi-dose toxicity studies were conducted in rat and dog. The following table summarizes the results of the two pivotal multi-dose studies.

Table 2.2: Multi-dose Toxicity Studies - Protocol Summaries/Results

| Species/Strain | No./Group/ | Dosage | Evaluated Parameters | Results |
|---------------------------------|-----------------------------|--|---|--|
| Age/B.W. | Duration/Route | (mg/kg/day) | | |
| Rat CrI:CD® BR, VAF/Plus® | 10 3 mo p.o. (gavage) | 1) Vehicle Control: 0.5% Methocel (10 mL/kg/day) 2) Tramadol/APAP: 7.5/65 22.5/195 45/390 3) Tramadol: 45 4) APAP: 390 | Mortality, clinical observations, B.W., food consumption, ophthalmological examination, drug metabolism, hematology, coagulation, clinical chemistry, urinalysis, organ weights, gross pathology, histopathology | <u>Vehicle Control</u> : Four M deaths (attributed to dosing errors); alopecia in both sexes <u>7.5/65</u> : Alopecia in both sexes; ↑liver weights in males <u>22.5/195</u> : One M death (cause of death not determined); alopecia in both sexes; ↑ liver weights in males; slightly ↑ urine volume in females <u>45/390</u> : Alopecia, ↑salivation, slightly higher urine volume in both sexes; mild treatment related increases in K ⁺ concentration, slightly ↓RBC, ↑ MCV, MCH, ↑ liver weights, slightly ↓ ALT and AST activity and ↑ALP in females <u>45</u> : Alopecia, ↑ salivation, in both sexes; slightly ↓ALT and AST activity and ↑ ALP in females. <u>390</u> : ↑salivation, slightly higher urine volume in both sexes; ↑ liver weights in males; slightly ↓ RBC, ↑ MCV, MCH in males; alopecia, mild treatment related increases in K ⁺ concentration, slightly ↓ ALT and AST activity and ↑ ALP in females. Additional findings: (1) higher kidney weights in males dosed with APAP or tramadol/APAP; (2) lower adrenal gland weights in males dosed with tramadol and/or APAP. |

ALP = alkaline phosphatase; ALT = alanine aminotransferase; APAP = acetaminophen; AST = aspartate aminotransferase; K = potassium; MCH = mean corpuscular hemoglobin; MCV = mean corpuscular volume; mo = month; p.o. = oral; RBC = red blood cell; wk = week; ↑ = increased; ↓ = decreased

(Continued)

Table 2.2: Multi-dose Toxicity Studies - Protocol Summaries/Results (continued)

| Species/ Strain | No./Group/ Duration/Route | Dosage (mg/kg/day) | Evaluated Parameters | Results |
|--------------------|---|--|--|---|
| Dog | 4 | 1) Vehicle Control: | Mortality, clinical observations, B.W., | <u>7.5/65</u> : NOAEL |
| Beagle | 3 mo | 0.5% Methocel | estimated food consumption, electrocardiographic/ ophthalmological/ physical examination, drug absorption, hematology. Coagulation, clinical chemistry, urinalysis, gross pathology, microscopic histopathology, organ weights. | <u>22.5/195</u> : One male dog was sacrificed moribund on Day 32. ↓ activity, discoloured/food emesis, decreased/absent feces, discoloured urine, urine stained coat, jaundice, occult blood in urine, ↓B.W. early in study related to ↓ food consumption, slightly to moderately ↓ RBC, Hb, and Hct counts, ↑ MCV, reticulocyte and platelet counts, slightly to moderately ↑ ALT, ALP, GGT, and urine bilirubin values, changes in liver, kidney, bone marrow, spleen, (males) and thymus (males) in both sexes; fine tremor, edema in males; hunched posture, emaciation, ataxia, pallor, ↑ total bilirubin, in females <u>22.5</u> : ↓ B.W. early in study related to ↓ food consumption in both sexes. <u>195</u> : ↓ B.W. early in study related to ↓ food consumption, slightly to moderately ↓ RBC, HB, and HCT counts, ↑ MCV, reticulocyte and platelet counts, ↑ urine bilirubin, changes in liver, kidney, bone marrow, spleen (males), and thymus (males) in both sexes; slightly ↑ ALP, GGT, and total bilirubin values in females |
| | p.o. (gavage) daily dose divided between two dosing sessions approx. 5.5 h apart | (1 mL/kg/b.i.d.) 2) Tramadol/APAP: 7.5/65 22.5/195 3) Tramadol: 22.5 4) APAP: 195 | | |

^a Continuation of 4 week dog study results

ALP = alkaline phosphatase; ALT = alanine aminotransferase; APAP = acetaminophen; AST = aspartate aminotransferase; K = potassium; MCH = mean corpuscular hemoglobin; MCV = mean corpuscular volume; mo = month; p.o. = oral; RBC = red blood cell; wk = week; ↑ = increased; ↓ = decreased; Hb = Hemoglobin; Hct = Hematocrit; GGT = γ -glutamyl transferase

Carcinogenicity

Tramadol

Two carcinogenicity studies were conducted: a 24-month oral mouse study and a 30-month oral rat study. These studies examined approximately 4 times the human therapeutic daily dose. There was no evidence that tramadol is carcinogenic. In mice, chronic administration of tramadol at doses of 0, 7.5, 15, or 30 mg/kg/day did not affect life span or enhance tumour formation. There was a slight but statistically significant increase in the incidence of commonly occurring tumours in aged mice. Rats treated at the same dosage levels for 30 months did not show any evidence of carcinogenic potential.

Acetaminophen

In one strain of mice, acetaminophen was shown to increase the incidence of multiple benign and malignant liver tumours at a markedly toxic dose (10000 mg/kg diet); when administered to another strain of mice in two other studies, a well-tolerated dose that was about half this markedly toxic dose (6000 mg/kg diet) did not increase tumour incidence. In some strains of rats, acetaminophen administration did not appear to increase tumour incidence, while neoplastic liver nodules and bladder papillomas and carcinomas were seen in another rat strain. Due to the varied results in animal studies, the IARC has classified the evidence for the carcinogenicity of acetaminophen in experimental animals as limited.

Mutagenicity

Tramadol

Tramadol hydrochloride did not demonstrate any mutagenic activity in the Ames test, the CHO/HPRT assay, or in the mouse lymphoma assay in the absence of metabolic activation. Weakly mutagenic results were obtained in the presence of metabolic activation in the mouse lymphoma assay, but these were secondary to high levels of induced cytotoxicity. In vivo studies (micronucleus test in the mouse, rat, and hamster) were negative. A bone marrow cytogenetics test in hamsters was negative, as was a dominant lethal test in mice.

Acetaminophen

The mutagenic and genotoxic potential of acetaminophen has been studied in a number of in vivo and in vitro test systems. Multiple studies have shown that acetaminophen does not induce mutations in *Salmonella typhimurium* or *Escherichia coli* in the presence or absence of metabolic activation. When fed to male *Drosophila melanogaster*, acetaminophen did not induce sex-linked lethal mutations.

Chromosomal aberrations were detected in human lymphocytes in vivo and in vitro, as well as micronuclei in a rat kidney cell line, and sister chromatid exchange and chromosomal aberrations in CHO cells. Genetic effects such as deoxyribonucleic acid (DNA) strand breaks and unscheduled DNA synthesis have been reported in a number of other mammalian and rodent cell systems.

Teratogenicity:

Tramadol

The potential of tramadol to produce reproductive toxicity was evaluated in a series of six main studies in mice, rats, and rabbits. The results of these studies indicated that tramadol had no effect on fertility in male or female rats, even at toxic oral dose levels (up to 50 mg/kg in males and 75 mg/kg in females). Tramadol did not induce teratogenicity in mice, rats, or rabbits given up to 140, 80, or 300 mg/kg, respectively. Embryo/fetal toxicity, consisting of slight decreases in fetal weight, and/or variations in bone ossification, occurred at tramadol doses 3 to 15 times the maximum human dose or higher, but only in the presence of maternal toxicity. Maternal toxicity generally consisted of decreased body weight gain in conjunction with decreased food consumption.

In peri- and postnatal studies in the rat, maternal toxicity occurred in dams treated with tramadol gavigated doses of 8 mg/kg and higher. Signs of toxicity included decreased body weight gain and reduced food consumption. A rebound in these parameters did occur during lactation, suggesting some adaptation to the effects of the drug, although weight gain of treated dams continued to lag behind those of the controls throughout the remainder of the study. At doses of 20 mg/kg and higher, clinical signs such as exophthalmia and dilated pupils increased; alopecia increased at doses of 40 mg/kg and greater. Progeny of dams receiving 50 mg/kg or higher had decreased body weights. At doses of 80 mg/kg or higher, decreased pup survival during early lactation was noted.

Acetaminophen

Animal studies have indicated acetaminophen was not teratogenic in mice when administered in the diet at levels up to 1430 mg/kg/day, and did not cause intrauterine growth abnormalities in Sprague-Dawley rats when administered orally at doses up to 250 mg/kg/day on Days 8 to 19 of gestation. Single dose studies in rats (1000 mg/kg oral dose on Day 21 of gestation) and sheep (20 mg/kg intramuscular injection on Day 125 of gestation) have demonstrated that acetaminophen can be associated with premature closure of the ductus arteriosus. When orally administered to male rats at 500 mg/kg/day for 70 days, a significant decrease in testicular weight was reported in one study. Testicular atrophy was also reported in another study where approximately 765 mg/kg/day acetaminophen was given in the diet to rats for 100 days.

Tramadol/Acetaminophen Combination

A study was conducted in female rats to evaluate the developmental toxicity/teratogenic potential when administered (via gavage) on Days 6 through 17 of gestation. The protocol and results of this study are summarized in the following table.

Table 2.3: Reproductive Study - Summary

| Species/Strain (No./Group) | Route/Duration | Dosage (mg/kg/day) | Observations | Results |
|---|--|--|--|---|
| Rat Crl:CD® BR, VAF/Plus® 28/group | p.o. (gavage) Gestation Days 6 through 17 | 1) Vehicle Control: 0.5% Methocel (10 mL/kg/day) 2) Tramadol/APAP: 10/87 25/217 50/434 3) Tramadol: 50 | Maternal B.W.; food consumption, clinical signs, and post- mortem exam; number of corpora lutea, implantations, fetuses, resorptions, and pre- and postimplantation loss; fetal weight; fetal alterations | <u>10/87</u> : ↓B.W. gain during treatment; ↑B.W. gain during postdose period; ↓food consumption during treatment <u>25/217</u> : ↑alopecia during and after treatment; B.W. loss at treatment initiation; ↓ B.W. gain during treatment; ↑ B.W. gain during postdose period; ↓ food consumption during treatment <u>50/434</u> : ↑alopecia during and after treatment; B.W. loss at treatment_initiation; ↓ B.W. gain during treatment; ↑ B.W. gain during postdose period; ↓ food consumption during treatment; ↓fetal B.W.; ↑ supernumerary ribs (attributed to maternal stress, not drug treatment) <u>50</u> : ↑alopecia during and after treatment; B.W. loss at treatment initiation; ↓B.W. gain during treatment; ↑ B.W. gain during postdose period; ↓ food consumption during treatment; ↓ fetal B.W. Embryo/fetal NOAEL for tramadol/APAP combination: 25/217 mg/kg/day |

APAP = acetaminophen; B.W. = body weight; NOAEL = no-observed-adverse-effect level; p.o. = oral; ↑ = increased; ↓ = decreased

Dependence Liability

The physical dependence liability potential associated with the chronic use of tramadol has been evaluated in a number of animal studies, including investigations in the mouse, rat, and monkey. A slight degree of antinociceptive tolerance to tramadol evolved in the mouse studies, but there was little or no indication of the development of physical dependence. No evidence of dependence was observed in the rat study. However, in dogs addicted to morphine, withdrawal symptoms were relieved by tramadol. In primate studies, which evaluated the physical dependence and reinforcement properties of tramadol, the physical dependence of the drug was deemed to be low.

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READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

PATIENT MEDICATION INFORMATION

PrMINT -TRAMADOL/ACET

Acetaminophen and Tramadol hydrochloride tablets, House Std

Read this carefully before you start taking MINT-TRAMADOL/ACET and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about MINT-TRAMADOL/ACET.

Serious Warnings and Precautions

- **Even if you take MINT-TRAMADOL/ACET as prescribed you are at a risk for opioid addiction, abuse and misuse. This can lead to overdose and death.**
- **When you take MINT-TRAMADOL/ACET it must be swallowed whole. Do not cut, break, crush, chew or dissolve the tablet. This can be dangerous and can lead to death or seriously harm you.**
- **You may get life-threatening breathing problems while taking MINT-TRAMADOL/ACET. This is less likely to happen if you take it as prescribed by your doctor. Babies are at risk of life-threatening breathing problems if their mothers take opioids while pregnant or nursing.**
- **You should never give anyone your MINT-TRAMADOL/ACET. They could die from taking it. If a person has not been prescribed MINT-TRAMADOL/ACET, taking even one dose can cause a fatal overdose. This is especially true for children.**
- **If you took MINT-TRAMADOL/ACET while you were pregnant, whether for short or long periods of time or in small or large doses, your baby can suffer life-threatening withdrawal symptoms after birth. This can occur in the days after birth and for up to 4 weeks after delivery. If your baby has any of the following symptoms:**
 - o **has changes in their breathing (such as weak, difficult or fast breathing)**
 - o **is unusually difficult to comfort**
 - o **has tremors (shakiness)**
 - o **has increased stools, sneezing, yawning, vomiting, or fever**

Seek immediate medical help for your baby.

- **Liver injury:** Liver injury can occur when more than the maximum daily dose of acetaminophen is taken. Follow your doctor's instructions to know how much acetaminophen you can take in a day. Acetaminophen can be in oral solutions/drops, syrup, pills, capsules, suppositories, intravenous solutions, etc. To calculate how much acetaminophen you have had in a day, read the labels on all products to see if they contain acetaminophen. Keep track of how much acetaminophen is in each dose and how much you have taken in a 24-hour period. Seek medical attention as soon as an acetaminophen overdose is suspected. Do not wait for symptoms to appear (see Overdose).
- **Taking MINT-TRAMADOL/ACET with other opioid medicines, benzodiazepines, alcohol, or other central nervous system depressants (including street drugs) can cause severe drowsiness, decreased awareness, breathing problems, coma, and death.**

What is MINT-TRAMADOL/ACET used for?

MINT-TRAMADOL/ACET (acetaminophen and tramadol hydrochloride tablets) is used to manage your pain.

How does MINT-TRAMADOL/ACET work?

MINT-TRAMADOL/ACET is a painkiller belonging to the class of drugs known as opioids. It relieves pain by acting on specific nerve cells of the spinal cord and brain.

MINT-TRAMADOL/ACET tablets have a combination of two pain relievers – tramadol (an opioid analgesic) and acetaminophen. You may already be familiar with acetaminophen (one brand sold as **TYLENOL®**), which acts quickly to relieve pain. Tramadol is a pain reliever that works over several hours to maintain pain relief. Because these two ingredients work together, MINT-TRAMADOL/ACET tablets relieve your pain quickly and help that pain relief last longer.

What are the ingredients in MINT-TRAMADOL/ACET?

Medicinal ingredients: tramadol and acetaminophen.

Nonmedicinal ingredients for MINT-TRAMADOL/ACET are: Hydroxyl propyl methyl cellulose, titanium dioxide, polyethylene glycol, iron oxide yellow, polysorbate 80, Pregelatinized starch, Powdered cellulose, Sodium starch glycolate, Maize starch and Magnesium stearate.

MINT-TRAMADOL/ACET comes in the following dosage forms:

Each MINT-TRAMADOL/ACET tablet contains 37.5 mg tramadol hydrochloride, and 325 mg acetaminophen.

Do not use MINT-TRAMADOL/ACET if:

- you are allergic to tramadol, acetaminophen, opioids or to any of the other ingredients in MINT-TRAMADOL/ACET (see **What are the ingredients in MINT-TRAMADOL/ACET?**)
- you can control your pain by the occasional use of other pain medications. This includes those available without a prescription

- you have severe asthma, trouble breathing, or other breathing problems
- you have bowel blockage or narrowing of the stomach or intestines or have been told that you are at risk for this
- you have severe pain in your abdomen
- you have a head injury
- you suffer from severe reduction in functions controlled by the brain such as breathing, heart rate and consciousness, or if you have increased pressure in your head or spinal cord
- you are at risk for seizures
- you have severe kidney disease
- you have severe liver disease
- you suffer from alcoholism, severe alcohol withdrawal or have a seizure disorder
- you are taking, or have taken within the past 2 weeks, a monoamine oxidase inhibitor (MAOI) (e.g., phenelzine sulfate, tranylcypromine sulfate, moclobemide or selegiline)
- you are pregnant, plan to become pregnant, in labour or nursing
- you are less than 18 years old and are having (or have recently had) your tonsils or adenoids removed because of frequent interruption of breathing during sleep
- you are less than 12 years old
- you have slow or shallow breathing, elevated carbon dioxide levels in the blood or a condition called “cor pulmonale” in which part of the heart is enlarged or does not work correctly due to high blood pressure in the lungs

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take MINT-TRAMADOL/ACET. Talk about any health conditions or problems you may have, including if you:

- have a history of illicit or prescription drug or alcohol abuse
- have low blood pressure
- have or had depression
- suffer from chronic or severe constipation
- have been told that you metabolize tramadol or other pain medications rapidly
- have problems with your thyroid, adrenal or prostate gland
- have, or had in the past hallucinations or other severe mental problems
- have liver or kidney problems
- have diabetes
- are over 65 years of age
- have abdominal problems
- suffer from migraines
- are at risk of low sodium levels in your blood

Other warnings you should know about:

MINT-TRAMADOL/ACET can decrease your blood sugar levels. Diabetic patients may need to monitor their blood sugar more often. If you notice changes, discuss this with your doctor.

MINT-TRAMADOL/ACET can cause low levels of oxygen in the blood and a problem called sleep apnea (stopping breathing from time to time whilst sleeping). Tell your doctor if you have a history of sleep apnea or if anyone notices you stop breathing from time to time while sleeping.

If you are planning surgery, or about to undergo surgery, tell your doctor that you are taking MINT-TRAMADOL/ACET.

Opioid dependence and addiction: There are important differences between physical dependence and addiction. It is important that you talk to your doctor if you have questions or concerns about abuse, addiction or physical dependence.

Pregnancy, nursing, labour and delivery:

Do not use MINT-TRAMADOL/ACET while pregnant, nursing, during labour or delivery. Opioids can be transferred to your baby through breast milk, or while still in the womb. MINT-TRAMADOL/ACET can then cause life-threatening breathing problems in your unborn baby or nursing infant.

Adolescents (12 to 18 years old): You should not use MINT-TRAMADOL/ACET if your child:

- is overweight (obese)
- has obstructive sleep apnea (a condition where your breathing starts and stops while you sleep)
- has severe lung disease

There is a higher risk of serious breathing problems if your child takes MINT-TRAMADOL/ACET and has any of the above conditions.

Driving and using machines: Before you do tasks which may require special attention, you should wait until you know how you react to MINT-TRAMADOL/ACET. MINT-TRAMADOL/ACET can cause:

- drowsiness
- dizziness or
- light-headedness

This can usually occur after you take your first dose and when your dose is increased.

Disorder of the adrenal gland: You may develop a disorder of the adrenal gland called adrenal insufficiency. This means that your adrenal gland is not making enough of certain hormones. You may experience symptoms such as:

- nausea, vomiting
- feeling tired, weak or dizzy
- decreased appetite

You may be more likely to have problems with your adrenal gland if you have been taking opioids for longer than one month. Your doctor may do tests, give you another medication, and slowly take you off MINT-TRAMADOL/ACET.

Serotonin Syndrome: MINT-TRAMADOL/ACET can cause Serotonin Syndrome, a rare but potentially life-threatening condition. It can cause serious changes in how your brain, muscles and digestive system work. You may develop Serotonin Syndrome if you take MINT-TRAMADOL/ACET with certain anti-depressants or migraine medications.

Serotonin Syndrome symptoms include:

- fever, sweating, shivering, diarrhea, nausea, vomiting;
- muscle shakes, jerks, twitches or stiffness, overactive reflexes, loss of coordination;
- fast heartbeat, changes in blood pressure;
- confusion, agitation, restlessness, hallucinations, mood changes, unconsciousness, and coma.

Sexual Function/Reproduction: Long term use of opioids may lead to a decrease in sex hormone levels. It may also lead to low libido (desire to have sex), *erectile dysfunction or being infertile.

You should take the following precautions while taking MINT-TRAMADOL/ACET tablets:

In some individuals tramadol acts more rapidly than in others. This may cause an overdose even at the recommended dose. Seek immediate medical attention if you experience slow breathing or overdose symptoms such as extreme sleepiness, confusion, or shallow breathing.

Serious skin reactions (Stevens-Johnson Syndrome, Toxic Epidermal Necrolysis, Hypersensitivity Syndrome) Acetaminophen can cause serious skin reactions that can spread to your mouth, lips, face, hands, trunk, arms and legs. This condition is life-threatening.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

The following may interact with MINT-TRAMADOL/ACET:

- Alcohol. This includes prescription and non-prescription medications that contain alcohol. Do not drink alcohol while you are taking MINT-TRAMADOL/ACET. It can lead to:
 - drowsiness
 - unusually slow or weak breathing
 - serious side effects or
 - a fatal overdose
- Other opioid analgesics used to treat pain
- general anesthetics used during surgery
- benzodiazepines used to help you sleep or reduce anxiety
- antidepressants (for depression and mood disorders) such as selective serotonin reuptake inhibitors (SSRIs) (e.g. paroxetine), serotonin norepinephrine reuptake inhibitors (SNRIs) (e.g., venlafaxine and duloxetine), certain tricyclic antidepressants (e.g., imipramine and amitriptyline) or other tricyclic compounds (e.g., cyclobenzaprine, promethazine) or bupropion, fluoxetine, lithium, mirtazapine, St. John's Wort and trazodone.
- **Do not** take MINT-TRAMADOL/ACET with MAO inhibitors (MAOI) or if you have taken MAOIs in the last 14 days (e.g., phenelzine sulfate, tranylcypromine sulfate, moclobemide or selegiline)
- drugs used to treat serious mental or emotional disorders (such as schizophrenia)
- antihistamines used to treat allergies
- anti-emetics used for the prevention of vomiting
- drugs used to treat muscle spasms and back pain

- warfarin (such as COUMADIN) and other anticoagulants (used for prevention or treatment of blood clots)
- anti-retrovirals (used to treat viral infections e.g. ritonavir)
- anti-fungals used to treat fungal infections e.g. ketoconazole
- antibiotics used to treat bacterial infections e.g. erythromycin, rifampin, linezolid
- some heart medication (such as beta-blockers)
- triptans used to treat migraines
- drugs containing tryptophan
- carbamazepine used to treat epilepsy and some types of pain
- phenytoin used to treat seizures
- quinidine used to treat heart conditions (antiarrhythmics)
- digoxin used to treat heart failure
- grapefruit juice

Medicines that may increase the risk of hyponatremia (low sodium in the blood) such as antidepressants, benzodiazepines, diuretics.

How to take MINT-TRAMADOL/ACET:

Swallow whole. Do not cut, break, crush, chew or dissolve the tablet. This can be dangerous and can lead to death or seriously harm you.

Do not take other medications that contain acetaminophen (including over-the-counter preparations containing acetaminophen) or tramadol while you are taking MINT-TRAMADOL/ACET tablets.

You may take your MINT-TRAMADOL/ACET tablets with or without food.

Do not take more than the recommended dose of MINT-TRAMADOL/ACET. The lowest effective dose should be used for the shortest period of time.

Usual Adult Starting Dose:

Take the tablets only as directed by your doctor. It is very important that you do not take more tablets than your doctor advised. Usually, 1 or 2 tablets are taken every 4 to 6 hours when needed for relief of pain. When you first begin taking your tablets, your doctor may ask you to start slowly and gradually increase the number of tablets you take. **However, you should not take more than 8 tablets per day.** Exceeding these recommendations can result in respiratory depression (shallow, slow breathing), seizures, liver damage, coma, heart stoppage and death. Taking a significant overdose can result in hepatic toxicity.

Your dose is tailored/personalized just for you. Be sure to follow your doctor's dosing instructions exactly. Do not increase or decrease your dose without consulting your doctor.

Review your pain regularly with your doctor to determine if you still need MINT-TRAMADOL/ACET. Be sure to use MINT-TRAMADOL/ACET only for the condition for which it was prescribed.

If your pain increases or you develop any side effect as a result of taking MINT-TRAMADOL/ACET, tell your doctor immediately.

Stopping your Medication

If you have been taking MINT-TRAMADOL/ACET for more than a few days you should not stop taking it all of a sudden. You should check with your doctor for directions on how to slowly stop taking it. You should do it slowly to avoid uncomfortable symptoms such as having:

- body aches
- diarrhea
- gooseflesh
- loss of appetite
- nausea
- feeling nervous or restless
- runny nose
- sneezing
- tremors or shivering
- stomach cramps
- rapid heart rate (tachycardia)
- having trouble sleeping
- an unusual increase in sweating
- an unexplained fever
- weakness
- yawning

By reducing or stopping your opioid treatment, your body will become less used to opioids. If you start treatment again, you will need to start at the lowest dose. You may overdose if you restart at the last dose you took before you slowly stopped taking **MINT-TRAMADOL/ACET**:

Refilling your Prescription for MINT-TRAMADOL/ACET:

A new written prescription is required from your doctor each time you need more MINT-TRAMADOL/ACET. Therefore, it is important that you contact your doctor before your current supply runs out.

Only obtain prescriptions for this medicine from the doctor in charge of your treatment. Do not seek prescriptions from other doctors unless you switch to another doctor for your pain management.

Overdose:

If you think you, or a person you are caring for, have taken too much **MINT-TRAMADOL/ACET**, contact a healthcare professional, hospital emergency department, or regional Poison Control Centre immediately, even if there are no symptoms.

Accidental swallowing of MINT-TRAMADOL/ACET tablets, especially by children, can result in breathing difficulties, with slow or shallow breathing, and/or fits (seizures). Deaths have been reported.

Signs of overdose may include:

- unusually slow or weak breathing
- dizziness

- confusion
- extreme drowsiness
- fits (seizures)
- irritation and discomfort in the stomach and gut
- loss of appetite
- nausea
- vomiting
- feeling unwell
- unusually pale colour and sweating

Signs and symptoms of liver damage may develop 1 to 2 days after taking an overdose of acetaminophen, such as increased sweating, nausea, vomiting, stomach pain or loss of appetite, yellowing of the skin/eyes, dark urine.

Cases of abnormal electrical conduction of the heart (QT prolongation) have been reported.

Missed Dose:

If you miss one dose, take it as soon as possible. However, if it is almost time for your next dose, then skip the missed dose. Do not take two doses at once. If you miss several doses in succession, talk to your doctor before restarting your medication.

What are possible side effects from using MINT-TRAMADOL/ACET?

These are not all the possible side effects you may feel when taking MINT-TRAMADOL/ACET. If you experience any side effects not listed here, contact your healthcare professional.

Side effects may include:

- Drowsiness
- Insomnia
- Dizziness
- Fainting
- Nausea, vomiting, or a poor appetite
- Dry mouth
- Headache
- Problems with vision
- Weakness, uncoordinated muscle movement
- Itching
- Sweating
- Constipation
- Low sex drive, impotence (erectile dysfunction), infertility

Talk with your doctor or pharmacist about ways to prevent constipation when you start using MINT-TRAMADOL/ACET.

MINT-TRAMADOL/ACET can cause abnormal blood test results including decreased blood sugar. Your doctor will decide when to perform blood tests and will interpret the results.

| Serious side effects and what to do about them | | | |
|---|--------------------------------------|--------------|---|
| Symptom / effect | Talk to your healthcare professional | | Stop taking drug and get immediate medical help |
| | Only if severe | In all cases | |
| RARE | | | |
| Overdose: hallucinations, confusion, inability to walk normally, slow or weak breathing, extreme sleepiness, sedation, or dizziness, floppy muscles/low muscle tone cold and clammy skin | | | T |
| Respiratory Depression: slow, shallow or weak breathing | | | T |
| Allergic Reaction: rash, hives, swelling of the face, eyes, lips, tongue or throat, difficulty swallowing or breathing. | | | T |
| Bowel Blockage (impaction): abdominal pain, severe constipation, nausea | | | T |
| Withdrawal: nausea, vomiting, diarrhea, anxiety, shivering, cold and clammy skin, body aches, loss of appetite, sweating. | | T | |
| Fast, Slow or Irregular Heartbeat: heart palpitations | | T | |
| Low Blood Pressure: dizziness, fainting, light-headedness. | T | | |
| Serotonin toxicity: a reaction which may cause feelings of agitation or restlessness, flushing, | | | T |

| | | | |
|--|--|--|----------|
| muscle twitching, involuntary eye movements, heavy sweating, high body temperature (>38 °C), or rigid muscles | | | |
| VERY RARE | | | |
| Hyponatremia (low sodium in the blood): lethargy, confusion, muscular twitching, seizure and coma | | | T |
| Decreased Blood Sugar (hypoglycemia): dizziness, lack of energy, drowsiness, headache, trembling, sweating | | | T |
| Serious Skin Reactions (Stevens – Johnson Syndrome, Toxic Epidermal Necrolysis, Hypersensitivity Syndrome): any combination of itchy skin rash, redness, blistering and peeling of the skin and/or of the lips, eyes, mouth, nasal passages or genitals, accompanied by fever, chills, headache, cough, body aches or joint pain, yellowing of the skin or eyes, dark urine | | | T |
| Liver Injury: yellowing of the skin or eyes, dark urine, abdominal pain, nausea, vomiting, loss of appetite | | | T |

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

Storage:

MINT-TRAMADOL/ACET tablets should be stored at room temperature (15°C to 30°C).

Do not use MINT-TRAMADOL/ACET tablets after the expiry date. All expired medications should be returned to your pharmacist.

Keep unused or expired MINT-TRAMADOL/ACET in a secure place to prevent theft, misuse or accidental exposure. It may harm people who may take this medicine by accident, or intentionally when it has not been prescribed for them.

Keep MINT-TRAMADOL/ACET out of sight and reach of children and pets.

Disposal:

MINT-TRAMADOL/ACET should never be thrown into household trash, where children and pets may find it. It should be returned to a pharmacy for proper disposal.

If you want more information about MINT-TRAMADOL/ACET:

- Talk to your healthcare professional
- For questions or concerns, please contact the manufacturer, Mint Pharmaceuticals Inc., (www.mintpharmaceuticals.com)
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website (<https://health-products.canada.ca/dpd-bdpp/index-eng.jsp>); the manufacturer's website (www.mintpharmaceuticals.com), or by calling 1-877-398-9696.

This leaflet was prepared by Mint Pharmaceuticals Inc.

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